

YOUR GROUP BENEFITS

Group: 19582-1-A

THE AUTHENTIC T-SHIRT COMPANY ULC

**BC, ALBERTA & MANITOBA EMPLOYEES
WITH MORE THAN 1 YEAR OF SERVICE**

Your Name: _____

Your Certificate Number: _____

This booklet summarizes most features of your group benefits program and provides you with as much accurate, clear and comprehensive information as possible. It does not necessarily cover every single provision of the actual policy or benefit plan. This booklet is not a contract of insurance and does not create or confer any contractual rights.

All rights and obligations with respect to benefits described herein are governed by the applicable group insurance policy or group benefit plan. In the event of any discrepancy, error, or omission as between this booklet and the actual group insurance policy or group benefit plan, the terms of the applicable policy or benefit plan shall govern. RWAM Insurance Administrators Inc. shall not be liable for any error, omission, or misstatement contained herein.

Possession of this booklet alone does not mean that you or your dependents are automatically insured. The applicable coverage must be in effect, and you and your dependents must satisfy all insurance eligibility requirements.

This booklet contains important information. Please read it and keep it in a safe place for reference.

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WELCOME

RWAM Insurance Administrators Inc. is pleased to provide you with this Employee Benefits Booklet, which describes the benefits available to you under your group benefits package. It is meant to give you a general summary of the main benefits, as well as the applicable insurance rules, for your guidance.

RWAM AND YOU

RWAM acts as the third party administrator (TPA) for the benefits available from each of the insurance providers which are listed at the back of this booklet. For example, our administration includes such services as collection of premiums, enrolment, beneficiary changes, coverage adjustments, and production of Employee Benefits Booklets.

RWAM'S SERVICE

Your employer has been provided with a supply of forms and administration information. If you have questions that are not addressed in this booklet, consult your employer, who should be able to help you by referencing RWAM's additional resource material.

You may also take advantage of RWAM's On-line Plan Member Services site. Once you are signed in, you may view and update personal information, view claims information, download claim forms, arrange direct deposit of health and dental claim payments to your personal bank account, and view your Employee Benefits Booklet on-line.

RWAM is also just a phone call away. We will help explain your benefits. We can assist with outlining for you the applicable insurer's requirements with regard to claims or coverage. As a client of RWAM, your service is our priority. You can reach us at:

Phone: 519-669-1632 (local) or at 1-877-888-RWAM (7926)

Fax: 519-669-1923

Web site and RWAM Member Services Sign In: www.rwam.com

RWAM Insurance Administrators Inc.
49 Industrial Drive
Elmira, Ontario, N3B 3B1

CLAIMS

RWAM provides Extended Health Care and Dental claims adjudication and payment, plus other specialized claims and services for you on behalf of certain insurance providers. This booklet will explain which coverages are available to you, and under which benefits you may expect to receive claim services directly from RWAM.

USING THIS BOOKLET

Keep this employee booklet in a safe place, so that you can refer to it at any time. Refer to each 'Schedule of Benefits' page as quick reference for a summary of your group benefits. For more information, you must then refer to the applicable 'Details' section of this booklet, to be read in combination with the General Provisions and each Schedule of Benefits.

GENERAL PROVISIONS & ADMINISTRATION

Many of the administration forms referred to in this section can be obtained directly from your employer. You can also download some commonly used administration forms from RWAM's website at www.rwam.com.

RWAM's Group Administration Department is here to help you with any questions you may have with regard to coverage issues such as eligibility, changes affecting your coverage, premiums, or other administrative matters. We can be reached by calling 519-669-1632 (local) or at 1-877-888-RWAM (7926). Forms and notices may be faxed to 519-669-1923.

Employee Eligibility

You are eligible for group insurance coverage if:

- you are an actively working, permanent employee,
- you are actively and regularly working the minimum number of hours per week which are required to qualify for the coverage, as specified by the applicable Schedule of Benefits in this booklet,
- you have completed the waiting period as specified by the coverage's Schedule of Benefits,
- you belong to a division and class of employees eligible for the coverage under the group benefits plan,
- you are insured under a provincial government health insurance plan and reside in Canada,
- your enrolment or application has been approved by the insurer (your eligibility may be subject to meeting evidence of insurability requirements, see the 'Evidence of Insurability' section in this booklet), and
- your insurance premiums are paid.

Dependent Eligibility

Spouse

A person (regardless of gender) is eligible as your 'dependent spouse' if you are lawfully married to that person. For the purpose of obtaining dependent spousal coverage under your group benefits plan, your enrolment must provide written designation of this person as your spouse. If you marry after your initial enrolment and spousal coverage is required, you must submit written application for such coverage within 31 days of the date of your marriage.

Common-law Spouse

A person (regardless of gender) is eligible as your 'dependent common-law spouse' if you have cohabited with that person for at least 12 months (the 'minimum cohabitation period') and the person has been publicly represented as your common-law spouse or partner. For the purpose of obtaining coverage under your group benefits plan, your enrolment must provide written designation of this person as your common-law spouse. If, at the time of your initial enrolment, you have not yet satisfied the minimum cohabitation period, but subsequently do satisfy it and coverage for your common-law spouse is required, you must submit written application for such coverage within 31 days of the date of satisfying the minimum cohabitation period.

NOTE: The spouse/common-law spouse who is cohabiting with the employee is the sole spouse/common-law spouse eligible to be designated as a dependent.

GENERAL PROVISIONS

Dependent Child

A person is eligible as your 'dependent child' if the child is:

- under age 21,
- not working full-time,
- legally and financially dependent on you for support (excluding foster children or wards),
- your natural or legally adopted child, your step-child, or is your common-law spouse's child residing with you, (provided that your common-law spouse has satisfied the minimum cohabitation period), and
- not married.

You may *apply for* an extension of coverage for a dependent child if:

- Your child is a **student** in full-time attendance at a recognized college or university and is under age 25. Your written application must be submitted to RWAM within 31 days of your child reaching age 21, along with satisfactory proof *each semester* of your child's status as a student.
- Your child is **disabled** by a permanent mental or physical infirmity, which developed while otherwise eligible as a 'dependent child' as described above. Your written application (ask for an 'Application for Disabled Child' form and a 'Dependent Group Health Evidence' form) must be submitted to RWAM within 31 days of your child reaching age 21, along with satisfactory medical proof of your child's permanent incapacity to support himself/herself financially due to a medically diagnosed permanent physical or psychological condition and proof of your child's continued dependence on you for support.

General Eligibility

Any dependent spouse, common-law spouse, or child must be insured under a provincial government health insurance plan and reside in Canada. If a dependent child is a student outside of Canada, the child must still be insured under a provincial government health insurance plan and normally reside in Canada.

Dependent eligibility may be subject to meeting evidence of insurability requirements (see the section titled 'Evidence of Insurability'). Dependent eligibility is also subject to the approval of your own eligibility for coverage as an employee under your group benefits plan.

Your dependents' insurance premiums must be paid to commence and maintain their coverage.

Applying For Coverage

When you enrol or apply for coverage under your group benefits program, it does not necessarily mean you are automatically insured. Any application for yourself or for any of your dependents is subject to approval by the insurer. If your initial application for coverage for yourself is declined, any application for coverage for your dependents is also declined.

You must apply for all coverages available under your group benefits plan.

DEADLINE 31 DAYS: Your enrolment or application for yourself, or any of your dependents must be signed and submitted to RWAM within 31 days of the date of first satisfying the eligibility requirements as outlined in this booklet.

If your group plan includes Extended Health Care and/or Dental Care coverage, the following applies:

- a) At the time of your enrolment, if you are not insured for comparable benefits under a group plan carried by your spouse/common-law spouse, you must apply for this coverage under your group benefits plan.

GENERAL PROVISIONS

- b) At the time of your enrolment, if you are already insured for comparable benefits under a group plan carried by your spouse/common-law spouse, you have the option to waive (opt-out of) this Extended Health and/or Dental coverage. Your waiver of coverage must be confirmed in writing, by completing and signing the designated section of the Enrolment Form.
- c) If coverage terminates under your spouse's/common-law spouse's Extended Health Care and/or Dental plan after you have waived your coverage, you are eligible to reapply for your own such coverage under this group benefits plan. You must apply for and submit your written application within 31 days of the date your spouse's/common-law spouse's coverage terminates. You must indicate whether you wish single coverage, or family coverage for any eligible dependents. If any application is not signed and submitted to RWAM before the 31 day deadline, it is considered a late application.

Late Applications:

If the 31 day deadline is missed, the application is deemed late. You and/or any eligible dependents who are late applicants will be required to provide 'Evidence of Insurability'. (See the next section.)

Evidence of Insurability

'Evidence of Insurability' may be required by the insurer, before a decision is made as to whether or not you and/or your dependents are eligible for the desired coverage under your group benefits program.

When Health Evidence is Required

- You or your dependent submitted a *late application* (See the preceding section).
- The terms of your group benefits plan require that all employees must provide Evidence of Insurability for any group benefits coverage. You will be advised if this applies to you.
- The amount of coverage applied for exceeds the 'non-evidence maximum' (NEM). This can happen at enrolment, *or when your employer reports an increase in your insurable income (see 'Insured Earnings')*. The NEM is the maximum benefit allowable without evidence of insurability, as specified by the relevant Schedule of Benefits in this booklet. If your application for the desired excess coverage is declined, you continue to be eligible for any existing coverage you may already hold.

Any time Evidence of Insurability is required, you must fully complete and sign the insurer's medical health evidence form, which provides the applicable insurer with current health information.

The applicable form must be received at RWAM's office within 60 days of the date it was completed and signed. Otherwise the information will be considered to be outdated, and you or your dependent will be required to reapply.

Medical evidence of health is necessary for the insurer to review, to determine if guidelines have been met for insurability and if you qualify for coverage. Upon receipt and review of any medical health information, the insurer reserves the right to seek additional medical information for evaluation, before making its final determination with regard to granting coverage. Any charges incurred to obtain additional medical information may be the responsibility of the employee.

NOTE: No insurance coverage will take effect until all required information is submitted, reviewed and approved. You will receive written notice of the insurer's decision with regard to granting coverage. If coverage is approved, your notice will include the effective date of coverage.

GENERAL PROVISIONS

Effective Date of Coverage

Provided that:

- you and any dependents satisfy all eligibility requirements,
- you are actively at work on the date coverage is due to take effect,
- your enrolment or application is signed and submitted to RWAM within the 31 day deadline, and
- coverage has been approved by the insurer;

then coverage for you and any dependents takes effect on the later of:

- the date you have completed the waiting period as specified by the applicable Schedule of Benefits for the coverage, or
- the date the application for coverage is approved by the insurer, if Evidence of Insurability is required.

If you are not actively at work on the date your coverage is due to take effect, then coverage for you and any dependents will not take effect until all eligibility requirements are satisfied, including the waiting period. There are certain situations where an absent employee may be required to re-satisfy the waiting period.

If any eligible dependent is hospital confined on the date their coverage is scheduled to take effect, they will not have their dependent coverage take effect until the first date immediately following their discharge from the hospital. (However a dependent child born in hospital is eligible for immediate coverage.)

Insured Earnings

For some coverages, your Schedule of Benefits may refer to a 'Benefit Formula'. Each formula, unless it is a flat amount, is applied to your *insured earnings* to establish the amount of your benefit.

'*Insured Earnings*' in this booklet refers to your *regular annualized* earned income paid to you and reported to RWAM by your employer; and for which premiums have been paid. It is solely this income which is insurable.

Commissioned Employees

If your *regular* annualized income is derived in whole or in part from commissions, your insured earnings include the average of the commission income you earned over a 12 month period, reported annually to RWAM by your employer.

Excluded Income

In all instances, income received from any bonuses, overtime pay, dividends, expense allowances or other extra compensation is excluded and *not* insurable.

Monthly or Weekly Insured Earnings

Wherever the insured earnings are referred to as monthly, 1/12 of your regular annualized earnings will be applied. For weekly insured earnings, 1/52 of your regular annualized earnings will be applied.

Verifying Insured Earnings

At the time a claim is incurred:

- If you have been employed for less than one year, your insured earnings will be determined by averaging your regular income earned, during the period from the date you were first employed until the date the claim is incurred.

GENERAL PROVISIONS

- The insurer reserves the right to verify any salary, wages or earnings reported to RWAM as insurable income, by reviewing payroll and/or tax records such as T4-T4A slips, before the claim is payable.

NOTE: Your employer is responsible for the prompt reporting and updating of your insurable income to RWAM, so that the amount of your benefit coverage is kept current.

If Income has been Overstated or Understated

If it is found that your insurable income has been *overstated*, benefit coverage will be reduced accordingly. Subject to administrative/contractual guidelines, some situations may allow for a refund of a portion of overpaid premiums.

If it is found that your insurable income has been *understated*, benefit coverage must remain at the level reported by your employer and for which premiums have been paid.

NOTE: Registered Plan Members can confirm their earnings based coverage online through the Plan Member 'Sign In' page, or you may also check this information at any time with your employer and/or by sending your personal written request to RWAM.

Changes Affecting Your Coverage

RWAM requires written notice of changes such as:

- a change in your income, per the previous 'Insured Earnings' section,
- a change in your beneficiary. Any time your personal circumstances change, you should review your beneficiary designation. Make any desired changes immediately, to ensure your wishes are met. A fully completed 'Change of Beneficiary' form is required with your signature, a witness' signature, and the date.
- a change in your marital or common-law status,
- a change in your name,
- any additional dependent child (with date of birth),
- any change in status of a dependent child,
- a loss of your extended health or dental coverage under your spouse's/common-law spouse's plan,
- a change from family to single coverage (or vice versa) for Extended Health Care, Dental and/or Dependent Life benefits,
- a change in your occupation or job title,
- a change in the division or class of employees to which you belong,
- a change in your regular hours of work,
- any work absence due to lay-off, strike, leave of absence, maternity/parental leave, or disability,
- a change in your employment status.

The above changes are examples only. They represent the most common changes you are likely to encounter.

DEADLINES for REPORTING CHANGES: In many cases there is a 31 day deadline for notice of changes, as outlined under relevant sections of this booklet. To avoid problems caused by a late notice or a missed deadline, it is advisable to immediately provide written notice of any change to RWAM directly (for personal information) or via your employer (for employment information).

NOTE: Written notices and forms may be emailed or faxed to RWAM's Group Administration department. You will be advised if original papers are required.

GENERAL PROVISIONS

Termination of Coverage

Your coverage and the coverage of your eligible dependents will terminate on the *earliest* of:

- the date your employment terminates,
- the date of your scheduled retirement with your employer,
- the date you cease to be actively at work, for reasons including but not limited to strike, lay-off, leave of absence, or other work stoppage (for certain benefits only, limited coverage may be extended during a short lay-off period or maternity/parental leave, with RWAM's prior approval and subject to contractual terms),
- the date you cease to meet any of the eligibility requirements for coverage,
- the date you reach the 'Coverage Termination Age' or other date specified by the relevant coverage's Schedule of Benefits in this booklet,
- the date of death,
- the date premium payments for the coverage ceases,
- the date your employer terminates the coverage,
- the date of commencement of military service, or participation in active duty or service in the armed forces of any government or country,
- the date of termination of the relevant group insurance policy or benefit plan.

Legal Actions

No action or proceeding at law or in equity shall be brought to recover on the policy prior to the expiration of sixty (60) days after written proof of loss has been furnished in accordance with the requirements of the policy.

For Alberta and British Columbia residents: Every action or proceeding against an insurer for the recovery of insurance money payable under the contract is absolutely barred unless commenced within the time set out in the Insurance Act.

For Manitoba residents: Every action or proceeding against an insurer for the recovery of insurance money payable under the contract is absolutely barred unless commenced within the time set out in The Insurance Act.

For Ontario residents: Every action or proceeding against an insurer for the recovery of insurance money payable under the contract is absolutely barred unless commenced within the time set out in the Limitations Act, 2002.

Otherwise, every action or proceeding must be brought within one year from the date of loss or such longer period as may be required under the laws of the insured person's province of residence.

SCHEDULE OF BENEFITS

BASIC LIFE INSURANCE

This Schedule is to be read in combination with the General Provisions and Basic Life Details in this booklet.

BASIC LIFE BENEFITS

Life Benefit Formula	1 times annual insured earnings, rounded to the next higher \$1000, with a minimum of \$25,000
Maximum Coverage Amount	<ul style="list-style-type: none">- \$300,000 without evidence of insurability (NEM)- \$300,000 overall maximum
Waiting Period & Eligibility	<ul style="list-style-type: none">- After completing 1 continuous year of employment, a permanent employee who continues to actively work at least 24 hours per week is eligible for Basic Life Insurance coverage
Coverage Reduces	<ul style="list-style-type: none">- Coverage reduces by 50% at age 65, provided the employee is still actively working
Coverage Termination Age	<ul style="list-style-type: none">- At the employee's date of retirement, or provided the employee is still actively working, at age 70 or earlier Termination of Coverage- If an employee has ceased working due to a Total Disability commencing prior to age 65, and is still not working at age 65, then coverage will terminate at age 65- If an employee has ceased working due to a disability commencing after age 65, and is still not working after 12 months, then coverage will terminate at the expiry of 12 months' absence or age 70 (whichever is earlier)

SCHEDULE OF BENEFITS

ACCIDENTAL DEATH & DISMEMBERMENT

This Schedule is to be read in combination with the General Provisions and AD&D Details in this booklet.

AD&D BENEFITS

- | | |
|---|--|
| AD&D Benefit Formula | - 1 times the Basic Life insurance coverage, with a minimum of \$25,000 |
| Maximum Coverage Amount | - \$300,000 without evidence of insurability (NEM)
- \$300,000 overall maximum |
| Waiting Period & Eligibility | - After completing 1 continuous year of employment, a permanent employee who continues to actively work at least 24 hours per week is eligible for AD&D Insurance coverage |
| Coverage Reduces | - Coverage reduces by 50% at age 65, provided the employee is still actively working |
| Coverage Termination Age | - At the employee's date of retirement, or provided the employee is still actively working, at age 70 or earlier
Termination of Coverage |

SCHEDULE OF BENEFITS

LONG TERM DISABILITY

This Schedule is to be read in combination the General Provisions and LTD Details in this booklet.

LONG TERM DISABILITY (LTD) BENEFITS

- | | |
|---|---|
| LTD Elimination Period | - 112 days of Disability must be satisfied |
| LTD Benefit Formula | - 66.67% of the first \$2500 of monthly insured earnings, and 50.00% of the next \$2500 of monthly insured earnings, and 40.00% of the remaining monthly insured earnings, rounded to the next higher \$1, or the “85% All Source Maximum,” whichever is less. In no case will the benefit amount be higher than 85% of your net earnings if your plan is non-taxable |
| Maximum Monthly Benefit | - \$10,000 without evidence of insurability (NEM)
- \$10,000 overall maximum |
| Direct Reductions to Benefit | - CPP/QPP disability benefits payable to the Employee as a result of the Employee’s disability, excluding CPP/QPP benefits for the Employee’s dependent children
- Worker's Compensation (WCB/WSIB) benefits
- Any salary paid by the Employer to the Employee while the Employee is working at a reduced capacity |
| Benefit Taxability | - Non-taxable |
| Own Occupation Period | - 24 month ‘own occupation’ period followed by ‘any occupation’ |
| Maximum Benefit Duration | - If eligible, LTD benefits may continue to age 65 |
| LTD Survivor Benefit | - The amount of your L.T.D. Survivor benefit will be equal to 3 times the amount of the monthly Long term disability benefit payment you received from Equitable Life immediately prior to the date of your death |
| Waiting Period & Eligibility | - After completing 1 continuous year of employment, a permanent employee who continues to actively work at least 24 hours per week is eligible for LTD coverage |
| Coverage Termination Age | - At the earlier of retirement or age 65,
(less the LTD Elimination Period) |

Definition of “Totally Disabled” in respect of the LTD benefit:

During the first **24 months** of benefit payments, you must be unable to perform the essential duties of your own occupation as a result of injury or illness and you must not be working at any job. Availability of your own occupation is not relevant when assessing disability from your own occupation.

After that, you must be unable to perform the essential duties of any occupation that you’re qualified to do or that you might reasonably become qualified for through education, training or experience with earnings equivalent to the benefit amount provided under this plan. Availability of occupations is not relevant when assessing total disability from any occupation.

Note: If you lose your license or fail to pass a periodic examination required by the Ministry of transport or any other licensing body, this is not proof that you're totally disabled.

SCHEDULE OF BENEFITS

EXTENDED HEALTH CARE

This Schedule is to be read in combination with the General Provisions and EHC Details in this booklet.

EXTENDED HEALTH CARE (EHC) BENEFITS

EHC Benefit	%	Benefit Maximum
Prescription Drug Plan	100%	Limited to generic product selection
Fertility Drugs	50%	\$2,500 lifetime maximum
Smoking Cessation Aids	100%	\$300 lifetime maximum
Preventative Vaccines	100%	\$300 per calendar year
Massage Therapist	100%	\$500 per calendar year
Physiotherapist	100%	\$500 per calendar year
Speech Therapist	100%	\$500 per calendar year
Acupuncturist Naturopath Osteopath Chiropracist Psychologist/Psychotherapist/Social Worker (MSW)	100%	\$500 per calendar year per practitioner
Podiatrist	100%	\$500 per calendar year
Chiropractor	100%	\$500 per calendar year
Registered Nutritional Consulting Practitioner/Registered Dietician	100%	\$500 per calendar year
Private Duty Nursing	100%	\$10,000 every 3 calendar years, to \$25,000 lifetime maximum
Eye Examinations	100%	Per EHC Details Adult: every 24 months Dependent Child age 17 & under: every 12 months
Vision Care Corrective eye glasses/contacts	100%	\$200 Adult: every 24 months Dependent Child age 17 & under: every 12 months
Hospital Benefit	100%	Cost of semi-private exceeding ward rate per day
Convalescent Hospital	100%	Cost of semi-private exceeding ward rate per day Duration of confinement not exceeding 180 days
Ambulance Service	100%	Per EHC Details
Foot Orthotics	100%	2 pair per calendar year \$400 total every 3 calendar years
Orthopedic Shoes	100%	2 pair per calendar year \$150 total per calendar year
Prosthetics	100%	\$25,000 lifetime maximum - initial placement only
Hearing Aids	100%	\$400 every 5 years
Medical Services and Supplies	100%	Per EHC Details
Medical Equipment	100%	Per EHC Details

SCHEDULE OF BENEFITS

EXTENDED HEALTH CARE

EHC Benefit	%	Benefit Maximum
Dental Accidents	100%	Per EHC Details
Cardiac Rehabilitation	100%	\$500 per calendar year
Emergency Care Out-of-Province/Canada	100%	\$5,000,000 per calendar year For trip duration not exceeding 60 days from date of departure out of province of residence
Medical Referral Out-of-Province/Canada	100%	\$50,000 per calendar year

- EHC Deductible** - Nil
- Waiting Period & Eligibility** - After completing 1 continuous year of employment, a permanent employee who continues to actively work at least 24 hours per week is eligible for single or family EHC coverage
- Coverage Termination Age** - At date of retirement, or provided the employee is still actively working, at age 75 or earlier Termination of Coverage
- The maximum Coverage Termination Age for a Totally Disabled employee is at age 65 or earlier Termination of Coverage
- Survivor Benefit** - 24 months of coverage for surviving eligible dependents
- with payment of premiums waived

SCHEDULE OF BENEFITS

DENTAL CARE

This Schedule is to be read in combination with the General Provisions and Dental Details in this booklet.

DENTAL BENEFITS

	%	Benefit Maximum
Basic & Preventative Dental Treatment		
Routine Dental Care	80%	Recall, emergency or specific oral examinations, bitewing x-rays, scaling, polishing & fluoride once every 6 months
Periodontics	80%	Periodontal scaling/root planing 8 units per calendar year
Endodontics	80%	
Denture Repairs	80%	\$2,000 combined with Major Restorative, per calendar year
Major Restorative Treatment		
Crowns, Bridgework, Dentures, Implants	50%	\$2,000 combined with Basic & Preventative, per calendar year
Dental Deductible	-	Nil
Dental Fee Guide Year	-	The current year's Dental Fee Guide published for general dental practitioners in the employee's province of residence
Waiting Period & Eligibility	-	After completing 1 continuous year of employment, a permanent employee who continues to actively work at least 24 hours per week is eligible for the enhanced single or family Dental coverage
Coverage Termination Age	-	At date of retirement, or provided the employee is still actively working, at age 75 or earlier Termination of Coverage - The maximum Coverage Termination Age for a Totally Disabled employee is at age 65 or earlier Termination of Coverage
Survivor Benefit	-	24 months of coverage for surviving eligible dependents - with payment of premiums
Late Applicant Limitation	-	Late applicants approved for Dental coverage are limited to a maximum \$250 of coverage for their first 12 months

SUPPLEMENTARY BENEFITS

Humanacare Employee and Family Assistance Program

When life's challenges make it difficult to concentrate on work, support is available through your Humanacare Employee and Family Assistance Program (EFAP), as described at <https://humanacare.com/service-request> . For more information you can also contact 1-800-661-8193 to begin using this service.

EQ Care

Provides 24/7 national and bilingual virtual health care services. Visit rwam.eqcare.com or see your Plan Administrator for details.

BASIC LIFE DETAILS

The Basic Life Schedule of Benefits in this booklet summarizes your coverage. The details in this section of your booklet explain the various related benefits available, along with any limitations and exclusions, and any options for conversion.

Inquiries

RWAM's Group Life Insurance Department is here to help you with any questions you may have. The insurer's claim forms and additional information and assistance can be obtained by contacting us. We can be reached by calling 519-669-1632 (local) or at 1-877-888-RWAM (7926).

Claims

Claims for any benefits under the Basic Life Insurance must be submitted to the insurer within 180 days of the date of occurrence. Failure to claim and furnish proof within this time will not necessarily invalidate or reduce any claim, if it is shown that proof was furnished as soon as was reasonably possible, but in no event shall claims be accepted more than 12 months after first becoming eligible for a benefit.

Beneficiary

The Basic Life Insurance benefit is payable to the beneficiary (or beneficiaries) you name in writing, when you enrol or apply for coverage. In the event of death, satisfactory proof of an employee's death, which has occurred while insured, will be required, along with proof of title of the claimant (the beneficiary).

Subject to any legal restrictions, you may change your designated beneficiary or beneficiaries at any time. You must complete and sign a 'Change of Beneficiary' form, which includes the signature of a witness and the date. If you do not designate a beneficiary, the insurance on your life shall be paid to your estate.

For Ontario residents: If you made a beneficiary designation for benefits provided by your previous benefits carrier, this designation is automatically transferred under this contract, unless you change this designation by submitting a Beneficiary Designation form to your benefits administrator.

Repatriation Benefit

If death occurs at least 100 kilometres away from your principal city of residence, this benefit provides for expenses actually incurred for the preparation and transportation of an insured employee's body from the site of death to your principal city of residence, up to a maximum of \$10,000.

Living Assistance Benefit

The living assistance benefit is available only if you are terminally ill and in need of financial assistance. It is an advance payment of 50% of your Basic Life Insurance coverage amount, up to a maximum of \$50,000. At the time of your death, your designated beneficiary's Basic Life benefit will be reduced by the amount advanced to you, including interest accrued until your date of death.

BASIC LIFE INSURANCE

Requirements include but are not limited to medical documentation that life expectancy is predicted to be 12 months or less. Your application for this benefit must be submitted to the insurer at least 24 months prior to the date or age your Life coverage is scheduled to terminate. Your application will also require the written agreement of your Employer. It will be subject to review by the insurer, to ensure medical evidence and other requirements of the policy are met, before approving payment of this benefit.

Further details of the requirements and procedures may be obtained from the insurer through RWAM.

Disability Waiver of Premium Benefit

If you become Totally Disabled prior to age 65, you may be eligible for a Disability Waiver of Premium benefit. This benefit allows your Basic Life Insurance coverage to continue without payment of premiums.

This benefit continues until the earliest of the date you return to work, your eligibility for disability benefits is terminated, you have reached your date of retirement, or you have reached age 65.

You must submit a written claim

You need to submit a claim of Total Disability to the insurer to be considered for this benefit. Claim forms can be obtained by contacting the **RWAM Disability Management** division. The insurer will review your claim and provide written notice of their decision with regard to your eligibility.

Total Disability

If you happen to have Long Term Disability (LTD) coverage under your group benefits plan provided via RWAM; and if your LTD claim has been approved by the insurer, premium charges for your Basic Life insurance will be waived along with your LTD premium (as of the first premium falling due after the effective date of your monthly disability income benefit).

If you do not have LTD coverage, your claim for the Disability Waiver of Premium benefit must prove your inability to work for at least *6 continuous months* due to Total Disability, to the extent that your Medically Diagnosed Condition is of such severity it renders you unable to engage in *any* occupation or work of any sort for wage, remuneration or profit, for which you are able or may reasonably become able, by means of education, training or experience. If your Disability Waiver of Premium claim is approved by the insurer, premium charges will be waived as of the first premium falling due after six months of Total Disability.

Option to Convert on Termination of Coverage

If your Basic Life group insurance coverage has been terminated, (e.g. at termination of employment or termination of eligibility) and you are under age 70, you may be entitled to convert your group Life insurance coverage, without the need to provide evidence of insurability, to an individual policy for yourself on a personal premium paying basis.

Any individual policy issued will not include provisions for total disability, accidental death, or any other special benefit.

31 Day Deadline

Your written application to convert and the first month's premium must be submitted to the insurer *within 31 days* of the date of termination of your group Basic Life Insurance coverage.

BASIC LIFE INSURANCE

IMPORTANT: It is your responsibility to meet the deadline of 31 days from your group coverage termination date, in order to take advantage of your opportunity to convert. The insurer and RWAM are under no obligation to advise eligible employees of their right to convert.

If you wish to convert, contact RWAM's Group Life Insurance department as soon as possible for assistance.

Amount

The amount of individual life insurance coverage is limited to the lesser of:

- the amount of group Basic Life coverage under which you were insured as of the date it was terminated, less the full amount of group life insurance for which you may be eligible under a new group benefits plan with a new employer when you are exercising your right to convert, or
- \$200,000.

Limitations

If you are still with the same employer, but your employer has terminated the Basic Life coverage for its employees under this group benefits plan, or the insurer's policy is terminated, then only those employees who have been insured under this group benefits plan's Life coverage for at least *five continuous years* will have the right to convert.

Under these circumstances, the amount of your individual life insurance is limited to the lesser of:

- any difference in the amount of Basic Life insurance which is not covered under any replacement group insurance policy with another insurer, or
- an amount of coverage not exceeding three times the year's Maximum Pensionable Earnings as established under the Canada Pension Plan.

If Death Occurs

If death occurs during the 31 day period in which you are entitled to convert, the insurer will pay the amount of Basic Life insurance for which you were eligible to convert.

ACCIDENTAL DEATH & DISMEMBERMENT

AD&D DETAILS

The AD&D Schedule of Benefits in this booklet summarizes your coverage. The details in this section of your booklet explain the various related benefits available, along with any limitations and exclusions.

Inquiries

RWAM's Group Life Insurance Department is here to help you with any questions you may have. The insurer's claim forms and additional information and assistance can be obtained by contacting us. We can be reached by calling 519-669-1632 (local) or at 1-877-888-RWAM (7926).

Claims

In the event of a claim, notice of claim must be given to the insurer within 30 days from the date of the occurrence or commencement of any loss covered by the policy, or as soon thereafter as is reasonably possible, but in no event later than two (2) years from the date of occurrence. The actual loss itself must occur within one (1) year from the date of the accident.

Coverage

The plan offers you full 24-hour protection against accidents, on or off the job, on business, on vacation, at home, regardless of your health history.

In the event of your death, the Benefit Amount is payable to the beneficiary you have named under your Group Life Insurance Plan or in the absence of such designation, to your Estate.

Schedule of Losses

Accidental Death & Dismemberment

If such injuries shall result in any one of the following specific losses within one year from the date of the accident, the insurer will pay the percentage of the Principal Sum, based on the Benefit Formula and Maximum Coverage stated under the AD&D Schedule of Benefits, however, that not more than one (the largest) of such benefits shall be paid with respect to injuries resulting from one accident.

Loss	% of Principal Sum
Loss of Life-----	100%
Loss of Both Hands or Both Feet-----	100%
Loss of Entire Sight of Both Eyes-----	100%
Loss of One Hand and One Foot-----	100%
Loss of One Hand and Entire Sight of One Eye-----	100%
Loss of One Foot and Entire Sight of One Eye-----	100%
Loss of Speech and Hearing in Both Ears-----	100%
Brain Death-----	100%
Loss of Use of Both Arms, Both Hands, Both Legs or Both Feet-----	200%
Quadriplegia-----	200%

ACCIDENTAL DEATH & DISMEMBERMENT

<i>Loss</i>	<i>% of Principal Sum</i>
Paraplegia -----	200%
Hemiplegia -----	200%
Loss of One Arm or One Leg -----	75%
Loss of Use of One Arm or One Leg -----	75%
Loss of One Hand or One Foot -----	75%
Loss of Entire Sight of One Eye -----	75%
Loss of Use of One Hand or One Foot -----	75%
Loss of Speech or Hearing in Both Ears -----	75%
Loss of Thumb and Index Finger of Same Hand -----	33 1/3%
Loss of Use of Thumb and Index Finger of Same Hand -----	33 1/3%
Loss of Four Fingers of Same Hand -----	33 1/3%
Loss of Hearing in One Ear -----	33 1/3%
Loss of All Toes of Same Foot -----	25%
Loss of Thumb or Index Finger -----	25%

'Loss' shall mean with respect to hand or foot, the actual severance through or above the wrist or ankle joint; with respect to arm or leg, the actual severance through or above the elbow or knee joint; with respect to eye, the total and irrecoverable loss of sight; with respect to speech, the total and irrecoverable loss of speech which does not allow audible communication in any degree; with respect to hearing, the total and irrecoverable loss of hearing which cannot be corrected by any hearing aid or device; with respect to 'Loss of Thumb and Index finger of Same Hand' or 'Loss of Four Fingers of Same Hand', the actual severance through or above the metacarpophalangeal joints of the same hand (the joints between the fingers and the hand); with regard to toes, the actual severance through or above the metatarsophalangeal joints (the joints between the toes and the foot) of the same foot. If the insured suffers complete severance of a hand, foot, arm or leg as described above, then the insurer will pay the amount specified in the Schedule of Losses even if the severed limb is surgically reattached, whether successful or not.

'Loss' as used with reference to quadriplegia (paralysis of both upper and lower limbs), paraplegia (paralysis of both lower limbs), and hemiplegia (total paralysis of upper and lower limbs of one side of the body), means the complete and irrecoverable paralysis of such limbs, provided such loss of function is continuous for twelve consecutive months and such loss of function is thereafter determined on evidence satisfactory to the insurer to be permanent.

'Loss of Use' shall mean the total and irrecoverable loss of function of an arm, hand, foot, or leg, provided such loss of function is continuous for twelve consecutive months and such loss of function is thereafter determined on evidence satisfactory to the insurer to be permanent.

'Brain Death' means irreversible unconsciousness with total loss of brain function; and complete absence of electrical activity of the brain, even though the heart is still beating.

Quadriplegia, Paraplegia, Hemiplegia and Loss of use losses are subject to an all policies combined maximum benefit amount of \$1,000,000.

Repatriation Benefit

When injuries covered by this plan result in a loss of life outside 150 km from your city of permanent residence or outside Canada and the loss of life occurs within 365 days from the date of the accident, the insurer will pay the actual expense incurred for preparing the deceased for burial and shipment of the body to the city of residence of the deceased, but not to exceed \$15,000.

ACCIDENTAL DEATH & DISMEMBERMENT

Rehabilitation Benefit

When injuries result in a payment being made by the insurer under any benefit excluding the Loss of Life benefit, the insurer will also pay the reasonable and necessary expenses actually incurred up to a limit of \$15,000 for special training provided:

- a) such training is required because of such injuries and in order for you to become qualified to engage in an occupation in which you would not have been engaged except for such injuries;
- b) expenses are to be incurred within two years from the date of the accident;
- c) no payment will be made for ordinary living, travelling, or clothing expenses.

Family Transportation Benefit

When injuries result in your confinement as an in-patient in a hospital outside 150 km from your city of permanent residence or outside Canada and requires personal attendance of a member of your immediate family as recommended by the attending physician, in writing, the insurer will pay for the expense incurred by your family member, for the transportation by the most direct route by a licensed common carrier to you, while confined, but not to exceed an amount of \$15,000.

'Member of your immediate family' means your spouse, (legal or common-law), parents, grandparents, children, over age 18, brother or sister.

Spousal Occupational Training Benefit

This benefit is available if injuries to you result in a payment being made by the insurer under a covered Loss/Loss of Use (including Loss of Life); and if it is mutually agreed that as a result of the covered loss, your spouse or common-law spouse requires occupational retraining to engage in an occupation for which he or she would not otherwise have sufficient qualifications.

Expenses actually incurred by your spouse for tuition and/or books, up to a maximum of \$10,000, are covered. The benefit is payable to you the insured Employee, or in the event the covered loss is your Accidental Death, to your spouse. Incidental expenses such as charges for meals, room, board or other ordinary living, travelling or clothing costs are not covered. Expenses must be incurred within three years from the date of the accident. Further details and pre-approval must be obtained from the insurer via RWAM.

Home Alteration and Vehicle Modification Benefit

In the event you sustain an accidental injury which results in a payment being made under the Schedule of Losses, excluding the Loss of Life Benefit, and such injury subsequently requires the use of a wheelchair to be ambulatory, the insurer will pay the reasonable and necessary expenses actually incurred within two years from the date of the accident for:

1. the one-time cost of alterations to your principal residence to make it wheelchair accessible and habitable; and
2. the one-time cost of modifications necessary to a motor vehicle utilized by you to make the vehicle accessible or driveable for you.

Benefit payments will not be paid unless:

- (i) home alterations are made by a person or persons experienced in such alterations and recommended by a recognized organization, providing support and assistance to wheelchair users; and
- (ii) vehicle modifications are carried out by a person or persons with experience in such matters and modifications are approved by the Provincial vehicle licensing authorities.

ACCIDENTAL DEATH & DISMEMBERMENT

The maximum payable under both Items 1 and 2 combined will not exceed the maximum benefit of \$10,000. Further details and pre-approval must be obtained from the insurer via RWAM.

Day Care Benefit

If you suffer a loss of life in a covered accident while your coverage under the policy is in force, the insurer will pay, in addition to all other benefits payable under the policy a 'Day Care Benefit' equal to the reasonable and necessary expenses actually incurred, subject to the lesser of 5% of your Principal Sum or a maximum of \$5,000 per year, on behalf of your dependent child who is enrolled in a legally licensed Day Care centre on the date of the accident or who enrolls in a legally licensed Day Care centre within 365 days following the date of the accident.

The 'Day Care Benefit' will be paid each year for 4 consecutive years, but only upon receipt of satisfactory proof that your child is enrolled in a legally licensed Day Care centre.

'Dependent Child' with respect to the Day Care Benefit means either a legitimate or illegitimate child, adopted child, step-child or any child who is in a parent-child relationship with you and who is twelve (12) years of age and under and dependent upon you for maintenance and support.

Seat Belt Benefit

In the event you sustain an injury which results in a payment being made under the Schedule of Losses, your Loss benefit will be increased by 10% to a maximum of \$25,000 if, at the time of the accident, you were driving or riding in a Vehicle and wearing a properly fastened Seat Belt.

Due proof of Seat Belt use must be provided as part of the written proof of loss.

'Vehicle' means a private passenger car, station wagon, van, or jeep-type automobile.

'Seat Belt' means those belts that form a restraint system.

Special Education Benefit

If you suffer a loss of life in a covered accident while your coverage under the policy is in force, the insurer will pay, in addition to all other benefits payable under the policy, a 'Special Education Benefit' up to 5% of your Principal Sum, (subject to a maximum of \$5,000 per year), on behalf of any dependent child who, on the date of the accident, is enrolled as a full-time student in any post-secondary institution beyond the 12th grade level, or was at the 12th grade level and subsequently enrolls as a full-time student in an institution of higher learning within 365 days following the date of the accident.

The 'Special Education Benefit' is payable annually for a maximum of four consecutive annual payments but only if the dependent child continues his/her education as a full-time student in an institution of higher learning. Annual proof of re-enrolment and continuance of full-time student status will be required.

If no eligible dependent child meets the requirements for the Special Education Benefit at the time the employee's Accidental Death, a one-time benefit amount of \$1,000 is added to the Principal Sum paid to the beneficiary (irrespective of the number of dependent children).

AD&D Conversion Privilege

On the date of termination of employment or during the 31-day period following termination of employment, you may convert your AD&D insurance to an individual insurance policy of the insurer. The individual policy will be effective either as of the date that the application is received by the insurer or on the date that coverage under the group policy ceases, whichever occurs later. The premium will be the same amount as any person would ordinarily pay when applying for an individual policy at that time. Application for an individual policy may be made at any office of the insurer. The amount of insurance benefit converted shall not exceed that amount issued during employment up to an all policies combined maximum of \$200,000.

ACCIDENTAL DEATH & DISMEMBERMENT

Waiver of Premium

If an Insured Employee, under age 65, becomes Totally Disabled for six (6) consecutive months and the Insured Employee provides evidence of Total Disability satisfactory to the insurer, the insurer will then waive the payment of each premium which falls due with respect to the Insured Employee and any insured dependents. Subject to all the terms and conditions of the policy, waiver of any premium as herein provided will continue with respect to the Insured Employee until age 65 or earlier termination of coverage. If the Insured Employee ceases to be disabled and returns to active employment with their Employer and is a member of an eligible class, insurance with respect to the Insured Employee may be continued upon resumption of premium payments.

If an Insured Employee receives approval of any Long Term Disability claim provided under a policy of group insurance through the Employer, the insurer will then waive the payment of each Accidental Death and Dismemberment insurance premium subject to the terms stated above.

Recurrent Disabilities

When an Employee becomes Totally Disabled again from the same or related causes within 6 months of cessation of the Waiver of Premiums, then all such recurrences will be considered a continuation of the same disability and the insurer will waive the 6 month qualification period.

If the same disability recurs more than six (6) months after cessation of the Waiver of Premiums, such disability will be considered a separate disability. Two disabilities which are due to unrelated causes are considered separate disabilities if they were separated by a return to work of at least one (1) day.

Termination of Waiver of Premium

Waiver of Premiums will cease on the earliest of:

- a) the date the Employee ceases to meet the policy's definition of Totally Disabled,
- b) the date the Employee does not supply the insurer with appropriate medical evidence as deemed necessary by the insurer,
- c) the date the Employee is no longer receiving regular, ongoing care and treatment of a Physician appropriate for the disabling condition, as determined by the insurer,
- d) the date the Employee does not attend a medical, psychiatric, psychological, functional, educational and/or vocational examination evaluation by an examiner selected by the insurer,
- e) the date the Employee's coverage terminates or the policy terminates,
- f) the date the Employee turns 65; or
- g) the date the Employee dies.

Coverage During Waiver of Premium

While premiums are being waived, Basic Accidental Death and Dismemberment Insurance under the policy on the Employee will continue to be in force. The amount of such Insurance will be the amount of insurance that was in effect on the date of commencement of the disability, subject to any age reduction or termination shown in the policy.

ACCIDENTAL DEATH & DISMEMBERMENT

Identification Benefit

In the event accidental Loss of Life is sustained by you not less than one hundred and fifty (150) kilometres from your normal place of residence and identification of the body by a Member of the Immediate family has been requested by the police or a similar governmental authority, the insurer will reimburse the reasonable expenses actually incurred by such member for:

- a) transportation by the most direct route to the city or town where the body is located; and
- b) hotel accommodation in such city or town, subject to a maximum duration of three (3) days.

The reimbursement of such expenses incurred is subject to the accidental loss of life indemnity being subsequently payable in accordance with the terms of the policy following the identification of the body as the Insured Person. The maximum amount payable will not exceed \$15,000 for all such expenses.

Payment will not be made for board or other ordinary living, travelling or clothing expenses, and transportation must occur in a vehicle or device operated under a license for the conveyance of passengers for hire.

Benefits payable under this section will be limited to only one (1) policy in the event this benefit is contained in two (2) or more policies issued by the insurer and which also cover the Insured Person.

In-Hospital Indemnity

In the event you sustain an injury which results in a payment being made under the Schedule of Losses excluding the Loss of Life Benefit and you are hospital confined as an in-patient and are under the care of a legally qualified and registered physician or surgeon other than yourself, the insurer will pay for each full month, one percent (1%) of your Principal Sum, subject to a maximum benefit of \$2,500, or one-thirtieth of such monthly benefit for each day of partial month, retroactive to the 1st full day of such confinement but not to exceed 365 days in the aggregate for each period of hospital confinement.

'Hospital' as used herein means a legally constituted establishment which meets all of the following requirements: (1) operates primarily for the reception, care and treatment of sick, ailing or injured persons as in-patients; (2) provides 24 hour a day nursing service by registered or graduate nurses; (3) has a staff of one or more licensed physicians available at all times; (4) provides organized facilities for diagnosis and surgical facilities; and (5) is not primarily a clinic, nursing home or convalescent home or similar establishment nor, other than incidentally, a place for alcoholics or drug addicts.

'In-Patient' means a person admitted to a hospital as a resident or bed-patient and who is provided at least one day's room and board by the hospital.

Bereavement - Psychological Therapy Benefit

When accidental injuries covered by the policy result in loss of life within 365 days from the date of the accident, the insurer will pay the reasonable and necessary expenses actually incurred by the Spouse and Dependent Children of the Insured Person for up to six (6) sessions of grief counselling, by a Professional Counsellor, subject to a maximum of \$5,000.

'Professional Counsellor' means a therapist or counsellor who is licensed, registered or certified to provide such treatment.

ACCIDENTAL DEATH & DISMEMBERMENT

Cosmetic Disfigurement Benefit

If you suffer a third degree burn in a non-occupational accident, the insurer will pay a percentage of the Principal Sum depending on the area of the body which was burned according to the following table:

Body Part	(A) Area Classification	(B) Maximum allowable % for Area Burned	(C) Maximum % of Principal Sum Payable
Face, Neck, Head	11	9%	99%
Hand & Forearm	5	4.5%	22.5%
Either Upper Arm	3	4.5%	13.5%
Torso (Front or Back)	2	18%	36%
Either Thigh	1	9%	9%
Either Lower Leg (below knee)	3	9%	27%

The maximum percent of Principal Sum Payable (C) is determined by multiplying the Area Classification (A) by the Maximum Allowable percent for Area Burned (B). In the event of a 50% surface burn, the Maximum Allowable percent for Area Burned (B) is reduced by 50%. This table only represents the maximum percent of the Principal Sum payable for any one accident. If the Insured suffers burns in more than one area as a result of any one accident, benefits will not exceed a maximum of \$25,000.

Workplace Modification & Accommodation Benefit

In the event you sustain an accidental injury which results in a payment being made under the Schedule of Losses, excluding the Loss of Life Benefit, and such injury results and necessitates the use of special adaptive equipment and/or workplace modification in order to reasonably accommodate your return to active, full-time work with your current employer, the insurer shall pay your current employer, upon your return to active, full-time work, the reasonable and necessary expenses actually incurred by your employer for such adaptive equipment and/or workplace modification, provided:

- a) your employer agrees in writing with the insurer to provide the special adaptive equipment and/or make modifications to the workplace for the purpose of making it accessible and adaptable to your needs;
- b) you acknowledge in writing to the insurer that the performance of the essential duties of your job may be altered;
- c) the proposed special adaptive equipment and/or workplace modification have been approved by the insurer in advance of an expense being incurred by your employer for such equipment or modification.

The insurer shall be afforded the opportunity to examine you to evaluate the appropriateness of the proposed modifications.

This benefit is payable only once in connection with accidental injuries and covered losses suffered by you, regardless of the number of policies, providing coverage for a workplace modification and accommodation benefit, that may be issued by the insurer to you or your employer.

The *maximum* amount payable for this benefit for all accidental injuries resulting from any one accident is \$10,000 for each insured employee.

ACCIDENTAL DEATH & DISMEMBERMENT

Felonious Assault Benefit

In the event you sustain an injury which results in a payment being made under the Schedule of Losses, the insurer will pay an additional \$2,500, if your loss was due to robbery, holdup or attempt thereat involving your employer's property or funds, committed by *other than* a fellow employee or family member, while on the premises of your employer, or while travelling on the business of your employer.

HIV Benefit

If you should sustain an accidental bodily injury in the performance of your duties as required by your employer, which results in the acquiring and testing positive for the Human Immunodeficiency Virus within one year from the date of the accident, the insurer will pay a benefit equal to 10% of your Principal Sum, subject to a maximum of \$25,000 provided the following criterion are met:

- an accident report must be completed specifying the circumstances of the bodily injury and remitted to your employer, within 48 hours of the occurrence; and
- you must submit to a blood test for the Human Immunodeficiency Virus within 48 hours of the accident. The results of this test must then be forwarded to your employer, to be kept on file.

If the initial test is negative and you subsequently test positive for the Human Immunodeficiency Virus within one year of the accident, the applicable benefit payment will be made by the insurer.

Funeral Expense Benefit

When accidental injuries covered by the policy result in loss of life within 365 days from the date of the accident, the insurer will pay the actual expense incurred for customary funeral expenses up to a maximum of \$6,500.

The term 'customary funeral expenses' means the services and materials provided by an undertaker, crematorium or funeral home relative to the burial of the deceased Insured Person and the costs incurred for the purchase of a cemetery plot, tomb or a mausoleum for the burial or interment of the deceased including a plaque, tombstone or monument.

AD&D Exclusions

The plan does not cover any loss, which is the result of:

1. intentionally self-inflicted injuries, suicide or any attempt thereat,
2. war or any act thereof,
3. flying in an aircraft owned or leased by your employer, yourself or a member of your household, or aircraft being used for any test or experimental purpose, firefighting, power line inspection, pipeline inspection, aerial photography or exploration,
4. full-time, active duty in the armed forces,
5. flying as pilot or crew member in any aircraft or device for aerial navigation.

ACCIDENTAL DEATH & DISMEMBERMENT

Exposure and Disappearance

Loss resulting from unavoidable exposure to the elements shall be covered to the extent of the benefits afforded you.

If your body has not been found within one year of disappearance, stranding, sinking or wrecking of the conveyance in which you were riding at the time of the accident, it shall be presumed, subject to all other conditions of the policy, that you suffered a loss of life resulting from bodily injuries sustained in an accident covered under the policy.

General Provisions

Beneficiary

An employee or any spouse has the right to name a beneficiary when he applies for insurance.

It is understood that the beneficiary designation made under the Policyholder's Group Life Insurance Policy shall be recognized as the beneficiary under the policy, unless a further designation has been made that specifically identifies the policy. Failing such designation, all benefits will be paid to the estate of the insured person.

All other indemnities of the policy will be payable to the insured person.

An insured person can change his beneficiary at any time, where permitted by law. The Company assumes no responsibility for the validity of such designation or change of beneficiary.

The beneficiary designation made by the insured person (if any) under the replaced policy has been retained. The insured person should review the existing designation to ensure it reflects his/her current intention.

NOTE: The policy contains a provision removing or restricting the right of the insured person to designate persons to whom or for whose benefit insurance money is to be payable.

Legal Actions

Every action or proceeding against an insurer for the recovery of insurance money payable under the contract is absolutely barred unless commenced within the time set out in the Insurance Act, Limitations Act, 2002 (Ontario) or other applicable legislation in the insured's province of residence.

Change of Insurer

An insured person under a former policy may not be excluded from the new policy or be denied benefits solely because of a pre-existing condition limitation that was not applicable or that did not exist in the former policy, or because the person is not at work on the date of coming into force of the new policy.

The insured person and any claimant under the policy has the right, as determined by law applicable in the insured person's province of residence, to obtain a copy of his/her application, any written evidence of insurability (as applicable) and the Policy, on request, subject to certain access limitations.

LTD DETAILS

The Long Term Disability Schedule of Benefits in this booklet summarizes specifics of your LTD coverage. This section of your booklet provides more details. All rights and obligations with respect to the Long Term Disability Benefit are governed by the provisions and terms of the master group policy or benefit plan.

INQUIRIES & NOTICES

Equitable Life is here to help you with any notice or inquiry with regard to your LTD claim. LTD benefits are adjudicated and paid directly from our Waterloo, Ontario office. Equitable's Group Disability Claims can be reached at:

Email: group-disability-claims@equitable.ca
Phone: 1 (800) 265-4556
Toll Free Fax: 1 (888) 505-4373

1. DESCRIPTION OF THIS BENEFIT

This benefit replaces a portion of your employment earnings that you lose if you can't work because you become totally disabled (as defined in the Schedule of insured benefits) from an injury (accident) or sickness prior to your 65th birthday and while you're insured under this group plan. While you're receiving L.T.D. benefit payments, the L.T.D. premium doesn't need to be paid.

The Schedule of Insured Benefits tells you:

- the Long term disability schedule: How to calculate the amount of L.T.D. available (the amount actually payable is subject to #3 below).
- the elimination period: This is the number of consecutive days that you are totally disabled (starting with the first day of disability) during which no benefits are payable. If, during the elimination period, you cease to be totally disabled and return to work for up to 30 calendar days for each return to work attempt, the elimination period and benefit commencement date shown in the Schedule of insured benefits will be extended by the number of days you were not totally disabled and this disability will be treated as continuous. The elimination period and benefit commencement date cannot be extended by more than 60 calendar days.
- the benefit commencement date: On what day payments begin, if you're disabled because of either injury or sickness.

Note: If you're eligible for Short term disability (S.T.D.) benefits from any group policy issued to your Employer, payments won't start under this L.T.D. plan until the maximum benefit period for S.T.D. has been reached.

- the maximum benefit period: The maximum length of time benefits are payable during any one period of disability, whether from one or more than one cause.

LONG TERM DISABILITY

Long term disability benefits are **paid once a month**. Once your L.T.D. claim has been approved by the Company, payment is made at the end of each month for that particular month. Benefits are calculated on a **30-days-a-month** basis (1/30th of your Long term disability benefit will be payable for each day that you're eligible for disability payments).

Benefits are taxable if your Employer pays any portion of the L.T.D. premium. We will withhold applicable income tax from your benefit payment in accordance with Canada Revenue Agency (CRA) guidelines. If L.T.D. is taxable, you'll be given a **T4A** for benefits received in a tax year and you must include the disability earnings when filing your income tax return.

Benefit payments are taxable if your Employer pays any portion of the L.T.D. premium. According to information provided by your Employer and our current records, your L.T.D. benefit payments are **non-taxable** income to you and we will not provide you with a T4A. Any dispute regarding the taxation of your benefits shall be governed by applicable legislation and decisions of tax authorities. Please contact your group plan administrator or your tax advisor if you have any questions or concerns

2. GUARANTEED BENEFITS FOR SEVERE DISABILITIES

If you are totally disabled due to a severe disability (as described below), benefit payments will continue, subject to the provisions of this policy, during the guaranteed period (defined below), provided:

- a) such total disability occurs while you are insured under this group plan and occurs within 180 days of the date you sustained the injury or disease, and
- b) you have completed the L.T.D. elimination period shown in the Schedule of insured benefits, and
- c) satisfactory proof of your total disability is submitted to the Company, and
- d) the disability and payment of L.T.D. benefits are not excluded by the terms and conditions of the policy. "Guaranteed period" means the earlier of:
 - I. 24 consecutive months, or
 - II. the number of months remaining until the maximum benefit period shown in the Schedule of insured benefits is reached, or
 - III. the date of your death.

The severe disabilities eligible for Guaranteed benefits are:

- a) the total and irrecoverable loss of:
 - sight in both eyes, hearing in both ears, or speech
 - both hands or both legs
 - one hand and one leg.

"Loss of" means:

- Sight, hearing and speech must be the complete loss.
- A leg must be severed through or above the knee joint.
- A hand must be severed through or above the wrist joint.

In all cases, the loss must be complete and irrecoverable and beyond remedy by surgical or other means:

LONG TERM DISABILITY

- life-threatening cancer with uncontrolled growth and spread of malignant cells
- a severely disabling heart attack or stroke that results in one of the following, which may be expected to continue beyond the end of the guaranteed period or result in death prior to the end of the guaranteed period:
- a markedly restricted ability in transferring (described below under "Activities of daily living"), and the inability to safely and completely perform at least two of the other activities of daily living (ADL) described below without the assistance or verbal cueing of another person, or
- the loss of cognitive ability due to deterioration or loss in intellectual capacity which requires the need for assistance or verbal cueing of another person for your protection or the protection of others.

"Activities of daily living (ADL)" means:

- bathing: your ability to wash yourself, either in a bathtub or shower or by sponge bath, with or without equipment or adaptive devices, including the task of getting into or out of a bathtub or shower
- dressing: your ability, with or without the aid of assistive devices, to put on, take off, fasten or unfasten clothing and medically necessary braces or artificial limbs. You are not dependent for dressing if reasonable alterations to or changes in the clothing usually worn would enable you to dress without substantial physical assistance
- toileting: your ability to get to and from and on and off the toilet, with or without the aid of assistive devices, and perform associated personal hygiene
- transferring: your ability to move in and out of a chair or bed, with or without using equipment such as canes, quad canes, walkers, crutches or grab bars or other support devices, including mechanical or motorized devices
- continence: your ability to either voluntarily control bowel and bladder function or, if incontinent, perform associated personal hygiene, including caring for a catheter or colostomy bag
- feeding: your ability to get food into your body, with or without the aid of assistive devices, through the mouth, or by a feeding tube. Feeding does not include cooking or preparing meals.

3. COORDINATION OF BENEFITS

The amount of L.T.D. you're eligible for (according to the L.T.D. schedule and the definition of "earnings" in the Schedule of insured benefits) will be reduced by all of the following:

- a) any benefits you receive or are entitled to receive from workers' compensation or similar law will be deducted dollar for dollar if they're payable for the same period of disability
- b) any benefits you receive or are entitled to receive under the Canada pension plan (C.P.P.) or Quebec pension plan (Q.P.P.) will be deducted dollar for dollar if they're payable for the same period of disability (except for any cost-of-living increases made by C.P.P./Q.P.P. after your Long term disability payments start)

The L.T.D. section in the Schedule of insured benefits tells you what C.P.P./Q.P.P. "offsets" (reductions) will apply for this group plan.

- **"Primary offsets"** means we'll deduct the disability benefits that you yourself are eligible for but not benefits you're eligible for on behalf of your dependent children, but we will take them into consideration under the "all sources" clause in (c) below

c) any benefits you receive or are entitled to receive from "other sources", including:

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- benefits received or receivable from the Canada or Quebec pension plan for you and any dependents
- benefits received from the Quebec parental insurance plan
- benefits under the workers' compensation act or similar law
- remuneration from any employer, including monies paid as a result of termination or severance from employment
- loss of income or disability benefits provided under a group insurance contract
- retirement income and pension earnings
- loss of income damages from any completed or pending legal action
- loss of income or disability benefits provided under any government or regulatory body
- automobile income replacement insurance benefits, where permitted by legislation.
- loss of income or disability benefits from any other third parties not listed above, excluding loss of income or disability benefits from an individual disability insurance contract, bank loan insurance contract, and mortgage insurance contract.

If you're eligible for any income from (c) above, the L.T.D. benefit payable under this group plan will be reduced so that the total amount of benefits that you're eligible for from "all sources" (including this policy) are not more than the all source maximum shown in the Schedule of insured benefits.

If you were already getting a disability pension (such as a War veterans pension) before you became disabled, we'll only include an increase in that pension when calculating the "all sources" clause.

Be sure you apply for any other disability benefits you may be eligible for.

We may pay the full L.T.D. benefit (without taking off the deductions shown above) for a short period of time, **as long as you agree to refund any overpayment** we make.

4. WHAT HAPPENS IF YOU BECOME DISABLED AGAIN (RECURRENT DISABILITY)?

If you recover and return to active work and then become disabled again, the new disability will be treated as if it is a continuance of the first disability if:

- you work for **less than 6 months** and become disabled again from the **same or related** causes.

Note: Two disabilities which are due to unrelated causes are considered separate disabilities if they are separated by a return to work of at least 1 day.

5. RETRAINING AND RE-EMPLOYMENT BENEFITS (REHABILITATION)

If you've been receiving L.T.D. disability benefits for some time, the Company may determine that a rehabilitation programme will be the best way to help you return to work. Note that the Company must approve any rehabilitation programme before you begin it.

While participating in the rehabilitation programme, L.T.D. benefits will continue to be paid to the earlier of:

- the length of time allowed (this will be determined by the Company, but would not be more than 24 months from the date you start the rehabilitation programme), or
- the date benefits would have stopped if you had remained totally disabled.

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The Company may reimburse you for up to the following amounts for rehabilitation expenses, provided the Company determines these expenses are necessary to enable you to return to work and pre-approves them in writing. The expenses must have been paid by you and not be eligible for payment or reimbursement through any other source. Eligible expenses could include, but are not limited to:

- up to \$5,000 for schooling and retraining
- up to \$2,000 for occupational assessment, skills analysis and job search
- up to \$5,000 for special assistive devices and equipment
- up to \$5,000 for relocation.

The Company may, at its discretion, reimburse additional amounts and expenses, subject to the above conditions.

In order to help you return to work, the Company may reimburse up to \$4,000 to the Employer for the costs incurred to make reasonable accommodations for you. Reasonable accommodations are changes made to your work environment, or to the way you perform your work. Eligible expenses include the cost of tools, equipment, furniture, computer software, or other necessary items. To be eligible, the following conditions apply:

- you must be participating in a rehabilitation programme approved by the Company, and
- the Employer's expenses are incurred in making reasonable accommodations for you, and
- the reasonable accommodations are approved in writing by the Company prior to implementation and before the expenses are incurred.

The Company may, at its discretion, reimburse additional amounts, subject to the above conditions.

If you're unable to continue in the rehabilitation programme because of total disability, further benefit payments will be considered under the recurrent disability clause (see #4 - What happens if you become disabled again).

While you participate in a rehabilitation programme approved by the Company, the amount of your monthly L.T.D. benefit payments may be reduced so that the income you get from "all sources" isn't more than 100% of your pre-disability earnings (adjusted for inflation).

To help you return to work in the rehabilitation programme, starting with the date you commence the rehabilitation programme, you may be eligible for:

- a monthly Family care expense credit for each eligible child, and
- a monthly Education expense credit for each eligible dependent child.

These credits will extend the all source limit allowed under the coordination of benefits clause.

The maximums for the Family care expense credit and Education expense credit are shown in the Schedule of insured benefits.

Family care expenses are those you actually incur to provide care for your child so you can return to work under the rehabilitation programme. The child must be:

- under age 15, or dependent on you for support and maintenance because of a permanent developmental or physical disability.
- cared for by a child-care provider who is not ordinarily resident in your home or related to you by birth or marriage (or related to you through your spouse).

To be eligible for the Education expense credit, the dependent child must meet the definition of dependent child shown under 1. Who are my eligible dependents in the General provisions for dependents page.

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Note: If you refuse to participate in any rehabilitation programme, assessment or employment that the Company deems to be appropriate, your L.T.D. benefit payments will stop.

Maximums Retraining and Re-employment benefits

- Family care expense credit per eligible child: \$200 per month
- Education expense credit per eligible dependent child: \$200 per month
- The maximum for the Family care expense credit and education expense credit combined cannot exceed \$1,000 per month.
- Number of months for which the Family care expense credit and education expense credit are eligible: 3 months

6. WHEN L.T.D. BENEFITS ARE NOT PAYABLE

Benefits are not payable for disabilities in the following situations:

- a) as a result of:
 - wilfully self-inflicted injury or any suicide attempt (whether you're sane or insane)
 - active participation in a riot, rebellion or insurrection
 - war or hostilities of any kind (whether or not war is declared)
 - committing or attempting to commit a criminal offence,
 - operating a motor vehicle while you are a) deemed to be impaired by alcohol, drugs or other substances; or, b) over the legal limit for alcohol, drugs or other substances; based on the laws in the jurisdiction where you were located at the time the offense occurred, or
- b) any period of disability during a time when you're an inmate in a prison or correctional institution, or serving a sentence within the community, including house arrest, or
- c) if total disability begins within 12 months of the effective date of your L.T.D. insurance under this policy, and the disability is directly or indirectly related to any condition or symptoms (diagnosed or not) for which you consulted a physician, were prescribed or received treatment, used prescribed drugs, or were referred to another medical specialist for consultation at any time during the 90-day period before your L.T.D. coverage became effective, unless:
 - this limitation is waived in the master policy, or
 - you are returning to work following a maternity or paternity leave, provided that you return to work on the date agreed upon with your employer or in the time period allowed by the Employment Insurance Act (Canada), whichever is earlier, or
- d) if you become disabled during a strike, lockout, layoff or leave of absence (including parental leaves of absence), no benefits are payable for the duration of the strike, lockout, layoff or leave of absence, however: if you're still totally disabled on your scheduled date of return to active, full-time work, you'll become eligible for disability benefit payments:
 - I. on your scheduled date of return to work, provided the waiting period before payments begin (see * below) has expired and if your L.T.D. benefit has remained in force, or
 - II. on the benefit commencement date shown in the Schedule of insured benefits, if later.

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(* this "waiting period" is the number of consecutive days you must be totally disabled before the benefit commencement date)

- e) as a result of alcohol, drug or other addictive substance abuse (unless you're getting regular and personal medical supervision, treatment and counselling from a licensed medical doctor, rehabilitation centre or provincially designated institution that's approved by the Company), or
- f) if you're not receiving regular and personal medical supervision and treatment that's satisfactory to the Company, by a physician or surgeon who is duly licensed to practice medicine and who is qualified to treat such disability in Canada, unless prior written approval is granted by Equitable Life for a physician or surgeon outside of Canada, or
- g) during a period in which you are away from Canada for a period of seven or more consecutive days, unless prior written approval has been provided by Equitable Life

7. WHAT HAPPENS IF YOU BECOME PREGNANT?

If you have requested a maternity leave from your Employer, your leave will begin on the earlier of the date you and your employer have agreed the leave will begin, and the date your child is born. Your leave will end on the earlier of your scheduled return to work date and the actual date you return to work.

The Company will determine which period of your maternity leave is health-related and which is non-health-related, if your Employer has arranged for the Company to provide disability benefits during this time period. The health-related period is the time that you are unable to work for health reasons relating to childbirth or recovery from childbirth. This period must be supported with appropriate medical documentation. Benefits will only be payable during the health-related period when required to comply with employment standards, human rights, employment insurance, or any other applicable legislation.

Maternity leave coverage:

A female employee, while on maternity leave, will be eligible for an amount equal to the amount of Long term disability (L.T.D.) insurance the employee is eligible to receive under this policy for up to the first 6 consecutive weeks following the date of her non-caesarean delivery or for up to the first 8 consecutive weeks following the date of her delivery by caesarean section.

A female employee, while on maternity leave, will be eligible for an amount equal to the difference between

- I. the amount of Employment insurance (E.I.) the employee is eligible to receive, and
- II. the amount of Long term disability (L.T.D.) insurance the employee is eligible to receive under this policy, for up to the first 6 consecutive weeks following the date of her non-caesarean delivery or for up to the first 8 consecutive weeks following the date of her delivery by caesarean section

8. WHEN DO L.T.D. BENEFITS TERMINATE?

- a) on the date you're no longer "totally disabled" (according to #2 in this L.T.D. section and the definition of "totally disabled" shown in the Schedule of insured benefits), or
- b) on the date the maximum benefit period is reached, or
- c) on your 65th birthday, or
- d) the date you retire, or the date you told your Employer that you intended to retire, or

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- e) on the date you start any employment for pay or profit or any volunteer work (other than rehabilitative employment approved by the Company), or
- f) on the date you refuse to participate in any rehabilitation assessment, programme or employment considered appropriate by the Company, or
- g) on the date you fail to provide satisfactory evidence that you're still "totally disabled", or
- h) on the date you stop receiving regular and/or appropriate medical treatment (that is satisfactory to the Company) by a physician or surgeon, or
- i) on the date you leave Canada without receiving prior written approval from Equitable Life, or
- j) on the date of your death.

If this group policy terminates, you'll still be entitled to (or can apply for) disability benefits if you're totally disabled on the date the policy terminates and:

- you're receiving L.T.D. benefit payments, or
- you notify the Company of a pending L.T.D. claim within 30 days of the date of termination of this policy.

9. HOW TO SEND IN A CLAIM

Access Form 181 "HOW DO I SUBMIT AN APPLICATION FOR LONG TERM DISABILITY BENEFITS?" which is available on the Equitable Life public website www.equitable.ca. Follow the step-by-step instructions. If you don't have access to the website, contact us (see the telephone and extension number on the first page of this booklet).

The claim must be submitted within 90 days of the date you become disabled, even if you have submitted a Worker's Compensation claim, or a claim for benefits under an Automobile Insurance policy, or any other concurrent claim for wage loss benefits, based on the same illness or injury.

Important: If your insurance terminates, or if the L.T.D. benefit under this policy terminates, or if this group policy terminates, all claims that were incurred prior to the date of termination must be received by the Company within **90 days** of the date of termination.

Once we start paying benefits, **Form 422 - Supplementary report on claim for disability benefits** (to be completed by you and the doctor) or **Form 563** (to be completed by the doctor only) may be included with your cheque from time to time.

Benefit payments will stop and won't start again until the fully-completed form 422 (or Form 563) is returned to us, so please be sure it's sent back quickly.

10. HOW TO APPEAL A DECISION

With respect to disagreements with a notice of decline or termination of Long Term Disability claims, you may appeal by submitting additional medical information within 60 days of the date of our notice.

11. PARTIAL DISABILITY

If you're receiving L.T.D. benefit payments, and you return to work in a reduced capacity, the following provisions apply:

- a) Your monthly L.T.D. benefits will continue to be paid while your earnings are 80% or less of the amount you earned before you became totally disabled. However, benefit payments will end on the earlier of:
 - I. the date they would have stopped if you had remained totally disabled, or

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- II. when the maximum benefit period for Partial disability shown on the Schedule of insured benefits has been reached.
- b) Your monthly income from all sources can't be more than:
 - 90% of your gross earnings before you became totally disabled if the L.T.D. benefits are taxable, or
 - 90% of your net earnings before you became totally disabled if the L.T.D. benefits are not taxable.
- c) The "earnings" used in b) will be adjusted for inflation.
- d) The Partial disability benefit payable will not be more than the amount you were eligible for according to the L.T.D. schedule.
- e) Each month, you must provide proof satisfactory to the Company of the amount of your income from employment.

12. LONG TERM DISABILITY SURVIVOR BENEFIT

If you die while you're receiving L.T.D. benefit payments and the Company receives satisfactory written proof of your death, the Company will pay a Long term disability survivor benefit.

The amount of your Long term disability survivor benefit is shown on the Schedule of insured benefits. It is payable to the beneficiary of your Employee life insurance, if that beneficiary meets the definition of "dependent" (see 1. Who are eligible dependents? under the General provisions for dependents in this booklet). If that beneficiary is not an eligible dependent, payment will be made to your estate.

If you're receiving L.T.D. benefit payments and are diagnosed as terminally ill, you may apply to receive the Long term disability survivor benefit prior to your death. The following applies:

- a) A written request must be received by the Company asking that the benefit payment be considered, and
- b) A Physician's statement must be submitted to the Company stating that, in the opinion of your physician, you have 12 or less months to live, and
- c) The maximum amount payable will be equal to 3 times the amount of the monthly Long term disability benefit payment you receive from the Company.

If you choose to receive the Long term disability survivor benefit prior to your death, any balance will be payable to the applicable beneficiary.

EHC DETAILS

The Extended Health Care (EHC) Schedule of Benefits in this booklet summarizes the main health care expenses covered by your plan for you and any eligible dependents, subject to the deductibles, co-insurance amounts, and benefit maximums. This section of your booklet provides details applicable to each benefit under your plan, such as limitations and exclusions, along with further information not specifically listed in your EHC Schedule.

Inquiries

We are here to help you with any questions you may have. RWAM's Health Claims Department can be reached by calling 519-669-1632 (local) or at 1-877-888-RWAM (7926).

EHC Deductible

Any 'EHC Deductible' specified in your EHC Schedule of Benefits is the total amount of eligible expenses you must first personally pay in any calendar year, before you are able to claim reimbursement of eligible health care expenses exceeding that amount.

Eligible health care expenses incurred during the last 3 months of one calendar year and which remain under that year's EHC Deductible amount, can be carried over and applied to satisfying the following year's EHC Deductible amount.

Co-insurance & Benefit Maximum

The amount of EHC benefit payable is determined by:

- any 'EHC Deductible' specified by your Schedule of Benefits,
- the 'Co-insurance' amount, which is the percentage shown on your EHC Schedule,
- any specific deductible amount found in your Schedule under the 'Benefit Maximum' (e.g. there can be a deductible specified per prescription drug),
- the 'Benefit Maximum' specified by your Schedule of Benefits, and
- limits applicable to the specific expense, as outlined in the EHC 'Details' section of this booklet.

Co-ordination of EHC Benefits with Other Plans

If both you and your spouse (includes common-law spouse) are insured under a comparable health plan, benefits payable will be co-ordinated so that the combined total will not exceed 100% of the actual eligible expenses incurred. Benefits are determined and co-ordinated using the following sequence:

Your personal claims and your spouse's claims:

- Claims for yourself should be sent to RWAM first (your plan is the primary insurer).
- Claims for your spouse go to your spouse's plan first (your spouse's plan is the primary insurer).
- Claims for any unpaid balance then go to the secondary insurer, with proof of what the primary insurer paid.

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Your dependent children's claims:

- If your day & month of birth in the calendar year is *before* your spouse's, the claim goes to RWAM first.
- If your day & month of birth in the calendar year is *after* your spouse's, the claim goes to your spouse's plan first.
- Claims for any unpaid balance then go to the secondary insurer, with proof of what the first insurer paid.

If you are separated or divorced, the order of claims for dependent children go first to the plan of the parent who has custody, then any unpaid balance goes first to the plan of the spouse of the parent who has custody, followed by the plan of the parent who does not have custody, followed by the plan of the spouse of the parent who does not have custody. (If you need clarification of this order of claiming, for your own personal circumstances, feel free to call RWAM.)

Eligible EHC Expenses

Expenses are eligible if they are:

- covered by this EHC plan,
- usual and customary costs incurred for medical services or supplies,
- incurred for reasonable and customary treatment of a medically diagnosed condition,
- incurred on the prior recommendation of a licensed physician (except where otherwise indicated),
- incurred on a date while you and/or your dependent are actively insured for the benefit, and
- claimed and received at RWAM not more than 365 days after the date expenses are incurred (if you are no longer actively insured for the benefit, the deadline for expenses incurred prior to the termination date, is not more than *90 days* after the date the insurance ceases).

Eligible benefits are subject to change as governed by changes to provincial or federal government health/drug plans or regulations

Where your provincial health insurance plan covers only a portion of expenses for a medical service or supply, your claim for the balance of expenses may be given consideration.

Pre-determination of Eligible Expenses

If the total cost of any proposed treatment plan is expected to exceed \$300, it is recommended that you seek a pre-determination from RWAM of exactly which expenses are eligible, and the amount of benefit which may be payable.

Provide RWAM with a detailed treatment plan that outlines the type of treatment or care expected. If any medical equipment is required or proposed, submit a written estimate along with a completed 'Attending Physician's Statement' form.

This information will allow RWAM to advise you of the amount of benefit which may be payable prior to your actual incurring of expenses. (In the case of required equipment, a benefit may only be payable for rental, rather than a purchase.)

It is to your advantage to seek a pre-determination and confirm expenses eligible for reimbursement under this plan, prior to incurring costs for any extensive or expensive treatment or supplies.

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General Limitations & Exclusions

In addition to other specific limitations and exclusions applicable to any EHC benefit in this booklet, the following general limitations and exclusions apply to all EHC benefits claims:

- charges for completion of claim forms are excluded
- any expenses incurred for services or treatment provided by a physician, practitioner, or other health care service provider who is related to the patient by birth, by legal or common-law marriage, or who lives in the same residence as the patient
- costs prohibited by government law from being covered are excluded, except to the extent that the government may permit excess reimbursement
- costs covered for the full amount by your provincial or other government health insurance plan are excluded
- services, supplies or treatment which have been removed from a government health plan, and which are not specifically included as an eligible expense under this plan are excluded
- costs covered fully by your spouse's plan as the primary insurer (see 'Co-ordination of your Benefits with other Plans') are excluded
- costs covered by any Worker's Compensation legislation are excluded
- costs covered by a third party through litigation against the third party (see 'Claiming Damages from a Third Party') are excluded
- cosmetic treatment is ineligible
- any expenses related to a change in gender are ineligible
- costs in excess of what the insurer deems is a reasonable and customary cost are ineligible
- expenses for which no charge would ordinarily be made if there were no insurance coverage are ineligible
- unreasonable or non-customary treatment of a medically diagnosed condition, as determined by the insurer, is ineligible
- treatment which is experimental in nature is ineligible
- expenses already covered/provided by your employer are excluded
- expenses incurred for routine health examinations, broken appointments, third party examinations or screening, travel are excluded
- communication costs are ineligible
- expenses incurred for any physical or environmental renovations or alterations to a residence, vehicle, or place of business are ineligible, including any costs incurred for the mechanical or electronic filtration or purification of air, water, or other environmental factors
- medical expenses incurred as a result of intentionally self-inflicted injuries or attempted suicide are excluded
- medical expenses incurred as a result of provoking an assault are excluded
- medical expenses as a result of participation in a criminal act or an act deemed to be criminal are excluded
- medical expenses incurred as a direct or indirect result of insurrection or war (declared or not), military service, participation in a riot or civil commotion, or participation in any act of terrorism are excluded
- expenses for equipment, treatment or services used primarily for participation in sports or recreation are ineligible
- expenses incurred for dental treatment are excluded, unless dental treatment is required due to a dental accident (see Dental Accidents)
- expenses incurred outside of Canada are excluded

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Submitting Claims

Claims can be submitted to RWAM directly from your pharmacy and/or by the Plan Member.

- **Pharmacy (EDI):** If your pharmacist is unable to remit with your OneCard, you will likely be required to pay the full cost directly to the pharmacist.
- **Plan Member:** You may then claim your drug/medication/health expenses electronically or by mailing the original paid receipt to RWAM for reimbursement attached to a 'Extended Health Care Claim' form (available from your Plan Administrator or at www.rwam.com under 'Plan Member/Forms'. Please keep your original receipt(s) for one year. Make sure any receipt indicates the patient's name, the date of service, the name of the drug and/or Drug Identification Number (DIN), and the amount charged.

Other instructions:

- Claims should be sent to RWAM's Health Claims Department. We process your EHC claims on behalf of the insurer.
- All receipts must indicate the patient's name, the date of service, the nature of treatment and the amount charged.
- If the claim has already been paid by the primary insurer, but you are claiming an unpaid balance of expense through RWAM under this plan, you must provide complete details of the claim submission including proof of the amount already paid by the other insurer.
- If you are required to satisfy an EHC Deductible, save your receipts until the deductible amount is exceeded, and submit all receipts with your claim for expenses exceeding the EHC Deductible.
- It is your responsibility, at your own cost, to obtain and provide any necessary information required to process your claim or to determine the amount eligible for reimbursement

REMINDER: Details in this section are to be read in combination with your EHC Schedule of Benefits. Each benefit in this section is subject to any co-insurance and benefit maximums stipulated by your EHC Schedule. Along with details in this section, the EHC Schedule may also indicate other conditions to be met for a particular EHC benefit.

Prescription Drug Plan

The Drug Plan covers most drugs, approved by RWAM or their designate, and prescribed by a physician, dentist or where applicable under provincial law, other qualified health professionals for an illness or injury. Only drugs that legally require a prescription, or non-prescription drugs deemed life-sustaining, with a Drug Identification Number (DIN) and being used for the intended purpose as defined by Health Canada will be considered for reimbursement.

Reimbursement is limited to a 34 day supply per purchase for new prescriptions. A 90 day supply per purchase will be allowed for stabilized maintenance medications and prescriptions.

Eligible Expenses

- diabetic supplies including disposable needles and syringes for the administration of insulin and monitoring devices
- contraceptives, including oral, IUD devices, injectable contraceptives
- allergy serums
- life sustaining drugs

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- subject to predetermination and pre-approval, fertility drugs are limited to 50% co-insurance and a lifetime benefit maximum of \$2,500 - services and supplies associated with the diagnosis and/or treatment of infertility such as IVF are not covered
- smoking cessation aids, subject to the terms of your drug plan, up to a lifetime benefit maximum of \$300
- preventative vaccines (e.g. flu, child immunizations, standard travel immunizations), excluding oncology vaccine series and vaccines which are experimental in nature subject to a benefit maximum of \$300 per calendar year

Ineligible Expenses

- medications or treatments which can be purchased off the shelf (with or without the written prescription of a physician)
- proprietary or patent medicines
- drugs, ingredients or products that are deemed experimental or investigational
- dietary or health foods, vitamins, or nutritional products
- items related to the use of injectable drugs, such as rubbing alcohol, cotton swabs, automatic jet injectors or other similar equipment
- charges incurred for the administration of any vaccines, serums, or other drug treatments
- contraceptive supplies and any costs for the *fitting* of contraceptive devices (e.g. IUDs)
- drugs for the treatment of erectile dysfunction (e.g. Viagra)
- any drugs, hormones, products or injections for the treatment of obesity

Using Your Drug Card

If the pharmacy has an 'Electronic Data Interchange' (EDI) service, present your pharmacist with your insurance drug card and/or wallet certificate to claim. You may encounter minimal charges such as any deductible per prescription item, any difference between the dispensing fee charged by the pharmacist and the dispensing fee maximum as defined by your plan, and any difference between the co-insurance amount and 100%, if the co-insurance is less than 100%. (Refer to your EHC Schedule of Benefits for your own plan details.)

If your pharmacist does not have EDI, you will likely be required to pay the full cost directly to the pharmacist. You may then claim your drug/medication expense by mailing the original pharmacist's paid receipt, attached to a 'Claim for Health Benefits' form, to RWAM for reimbursement. Make sure any receipt indicates the patient's name, the date of service, the name of the drug and/or Drug Identification Number (DIN), and the amount charged.

Practitioner Services

Refer to your EHC Schedule of Benefits to determine which practitioner services are covered under your plan. Your Schedule will also indicate whether or not certain practitioner services require a referral from a licensed physician in order to be eligible expenses.

Limitations & Exclusions

- a maximum of one necessary x-ray per practitioner per calendar year
- the practitioner must be duly licensed, registered, or otherwise certified as competent to practice by the appropriate authority in the province in which the care or service is rendered as determined by RWAM's Health Claims Department
- the practitioner must not be related to you or your dependents by marriage or any similar personal relationship (see General Limitations & Exclusions)

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- the practitioner must not be residing with you or your dependents
- No benefit is payable for services already covered by your provincial health insurance plan. However, if the maximum coverage for a practitioner's service under your provincial health insurance plan has been exhausted, your claim for the balance of expenses may be considered

Private Duty Nursing

A Pre-determination of eligibility is *required* for this benefit for a covered employee or dependent. Obtain and submit the 'In Home Nursing Care Questionnaire' form, to be completed by the attending physician.

Expenses for private duty nursing services, outside of a hospital, are eligible if the care is:

- carried out by a registered graduate nurse (R.N.), certified nursing assistant (C.N.A.), registered nursing assistant (R.N.A.), or licensed practical nurse (L.P.N.),
- medically necessary and prescribed by the licensed attending physician, and
- the type of medical care that can only be performed by a qualified R.N., C.N.A., R.N.A., or L.P.N.

Limitations & Exclusions

- no benefit is payable for any nursing services performed in-hospital
- the estimated duration of required private duty nursing care service cannot exceed 12 months
- the nurse must not be related to you or your dependents by marriage or any similar personal relationship
- the nurse must not be residing with you or your dependents
- charges for services rendered during an elective delivery (birth) outside of a hospital are not eligible expenses
- no benefits are payable for costs incurred for homemaking, companionship, or child care services
- no benefits are payable for medical or caregiver services which do not require a qualified R.N., C.N.A., R.N.A., or L.P.N.

Eye Examinations

A charge for an eye examination is eligible if performed by an ophthalmologist or licensed optometrist; and only when the charge for such eye examination is not covered under your government health insurance plan. Assessments for contact lenses are excluded.

Vision Care

Eligible expenses include:

- corrective eye glasses or corrective contact lenses *prescribed only by* an ophthalmologist or a licensed optometrist; these may be *dispensed by* an ophthalmologist, licensed optometrist, or qualified optician
- the cost of medical contact lenses if prescribed as a result of a medical condition of the eye when conventional lenses cannot improve visual acuity to at least 20/40

Limitations & Exclusions

- cosmetic contact lenses are excluded
- assessments for contact lenses are excluded
- visual training, orthoptics or other special treatments or surgery of the eye are not eligible expenses
- retail reading glasses or other retail vision products are excluded

EXTENDED HEALTH CARE

- charges for sunglasses, safety glasses, eye glass cases, contact lens solutions, or other miscellaneous vision items or services are not eligible expenses
- specialty or premium lenses for cataract surgery
- laser eye surgery is excluded

Hospital Benefits

If you or your eligible dependent require confinement in an Approved Hospital as an in-patient, daily charges exceeding the hospital's daily ward rate are eligible expenses according to the specific hospital accommodation found in your EHC Schedule of Benefits.

Limitations & Exclusions

- any costs incurred for rental of a telephone or television, or other costs for conveniences in connection with a hospital stay, are not eligible expenses

An 'Approved Hospital' is:

- any institution legally constituted as a hospital in Canada which is licensed by law and approved by the province in which it is situated,
- having its services and ward rates insured by the province's government health insurance plan,
- primarily provides acute care,
- having on its premises medical, surgical and diagnostic facilities,
- having facilities which are permanent and provide for the full time care of overnight resident patients under the supervision of licensed physicians, and
- having Registered Nurses (R.N.s) on duty 24 hours a day.

Approved Hospitals do not include:

- rest homes, nursing homes, extended care facilities, convalescent homes, places for the aged, or any other institutions providing primarily custodial care
- facilities primarily for the treatment of alcoholism or other substance or drug abuse

Convalescent Hospital Benefits

If you or your eligible dependent require care in a Convalescent Hospital as an in-patient, daily charges exceeding the hospital's daily ward rate are eligible expenses according to the specific accommodation found in your EHC Schedule of Benefits.

Limitations & Exclusions

- confinement is first required in an 'Approved Hospital' for an illness or injury for at least 5 consecutive days, followed within 48 hours of discharge from the Approved Hospital, by a transfer to the convalescent hospital as an in-patient
- the transfer to the convalescent hospital has been prescribed by a licensed physician
- the maximum duration of confinement, as specified in your EHC Schedule of Benefits, is allowable only for treatment of the same or related illness or injury
- any costs incurred for rental of a telephone or television, or other costs for conveniences in connection with a convalescent hospital stay, are not eligible expenses

EXTENDED HEALTH CARE

- if, after using the convalescent benefit for any duration of confinement, you suffer a subsequent new unrelated illness or injury, the convalescent hospital benefit is not payable unless another hospital/convalescent hospital confinement is required for a duration of at least 30 consecutive days

A 'Convalescent Hospital' is:

- any institution (or distinct part of a hospital or other institution) legally constituted as a convalescent hospital in Canada and which is regularly engaged in providing in-patients with skilled rehabilitative nursing care during the recovery stage of an illness or injury,
- is approved by the province in which it is situated to provide its services,
- has its services and ward rates insured by the province's government health insurance plan,
- has facilities which are permanent and provide for the full time care of overnight resident patients under the supervision of licensed physicians, and
- has Registered Nurses (R.N.s) on duty 24 hours a day.

Convalescent Hospitals do not include:

- rest homes, nursing homes, extended care facilities, convalescent homes, places for the aged, or any other institutions providing primarily custodial care
- facilities primarily for the treatment of alcoholism or other substance or drug abuse
- facilities or institutions for the treatment of any chronic physical or mental illness, including for the care of tuberculosis

Ambulance Service

Expenses for ambulance service are eligible if:

- the service is provided by a licensed ground or air ambulance,
- transportation by ambulance is required for a medical emergency, and
- transportation is to the nearest hospital facility where adequate medical treatment is available.

Expenses for ambulance services include the fee for one qualified person to medically attend to the covered person while being transported by ambulance; if it has been deemed medically necessary.

Limitations & Exclusions

- costs incurred for ambulance services to transport you home, or to a hospital or medical facility nearer to your home, solely for the purpose of establishing closer proximity to your residence

Foot Orthotics

Foot orthotics must be specifically designed and constructed for the individual's feet and must be prescribed by an orthopedic surgeon, podiatrist, or chiropodist. If an alternate practitioner is used for such service, the practitioner chosen must be approved by the insurer and a licensed physician must prescribe the orthotics.

Orthopedic Shoes

Orthopedic shoes must be medically necessary and specifically designed and constructed for the individual and must be prescribed by and serviced for repairs/adjustments by an orthopedic surgeon, podiatrist, or chiropodist. If an alternate practitioner is used for such service, the practitioner chosen must be approved by the insurer and a licensed physician must prescribe the orthopedic shoes.

EXTENDED HEALTH CARE

Limitations & Exclusions

- expenses incurred for off-the-shelf orthopedic products or shoes are not eligible for benefit payment

Prosthetics

Eligible expenses for prosthetics include:

- Cost of non-myoelectric limbs
- Cost of artificial eyes
- Cost of prosthetic repairs, replacements, or alterations

Limitations & Exclusions

- Lifetime maximum of \$25,000.
- Initial prosthetic must be required as the result of an injury or sickness which occurs while insured under this plan, or which occurred while insured for a similar benefit under a previous group insurance plan which was replaced by this plan.
- Prosthetic repairs, replacements, or alterations are eligible only if there has been a change in physical condition while insured under this plan.

Hearing Aids

The costs of hearing aids, including fitting of hearing aids, will be considered if prescribed by a licensed physician.

No benefit is payable for charges related to routine maintenance or replacement of batteries for hearing aids.

Medical Services and Supplies

The costs of the following medical services and supplies will be considered:

- oxygen and rental of respiratory equipment
- the initial cost of casts, splints, trusses, braces (excluding dental braces), cervical collars, crutches or surgical supplies needed as a result of an injury or sickness which occurs while insured under this plan and prescribed by a physician
- ostomy/incontinence supplies
- two surgical brassieres each calendar year when medically required because of a total or radical mastectomy, lumpectomy or were born with a deformity
- surgical stockings \$400 per calendar year*
- wigs where medically required as a result of chemotherapy, alopecia, or surgery, to a lifetime maximum of \$500
- Glucometers
- Glucose Monitoring System (GMS) for patients who are using insulin. Limited to a combined annual maximum of \$3000 for GMS device and sensors
- food substitutes that must be administered through a tube feeding process - tube feeding pumps and pump sets are also covered
- laboratory or x-ray expenses which are not covered by your provincial health insurance plan, performed by a duly licensed lab technician

* SP21.10

EXTENDED HEALTH CARE

Limitations & Exclusions

- charges related to routine maintenance or replacement of batteries of medical devices are excluded
- no benefits will be payable for lab fees or other miscellaneous costs and services provided by a physician or practitioner in the course of any private practice of medicine
- services or supplies/items for personal comfort, convenience, exercise, safety, self-help or self-control, which are not medically necessary for regular activities, are excluded
- lab or other services or supplies for the primary purpose of the private monitoring of wellness or fitness are excluded

Medical Equipment

The purchase or rental of medical equipment must be certified as medically necessary by a licensed physician, and must be required as a result of an injury or sickness which occurs while insured under this plan, or which occurred while insured for a similar benefit under a previous group insurance plan which was replaced by this plan.

Purchase or Rental?

The insurer reserves the right to determine whether benefits will be payable for the purchase or rental of any medical equipment. You are advised to obtain a Pre-determination.

Eligible Expenses

- standard (non-electrical) hospital bed
- standard (manual) wheelchair
- T.E.N.S. unit or similar mechanical equipment
- mist tent and nebulizer (excluding humidifiers and vaporizers)
- aerosol equipment
- traction apparatus
- mozes detector
- insulin pumps
- CPAP units

Dental Accidents

If you or any of your eligible dependents suffer an accidental blow to the mouth, causing damage to whole, sound, natural teeth, charges for necessary treatment performed by a qualified dentist to repair or replace such natural teeth will be considered. Details of the accident must be provided to RWAM, along with related dental x-rays.

Limitations & Exclusions

- the dental repair work must be performed within 12 months of the date of the accidental injury
- the nature of the accident must be unexpected, external and violent
- biting or chewing accidents or accidents caused by objects placed in the mouth are not eligible dental accidents
- the dental accident must not be the result of provoking an assault or due to any other cause listed in the EHC 'Ineligible Expenses, Limitations & Exclusions' section of this booklet
- the injury must have occurred while insured under this plan for this benefit
- the benefit payable will be limited to the cost of the least expensive treatment necessary to provide a professionally adequate result

EXTENDED HEALTH CARE

- no benefits are payable for expenses related to orthodontic or temporomandibular joint dysfunction

Cardiac Rehabilitation

Charges for the cost of services provided in a cardiac rehabilitation program are eligible if such program is recommended by a licensed physician and is not covered by your provincial health plan.

The cardiac rehabilitation program must be operated by a licensed provider and must be run by specially trained medical personnel.

Emergency Out-of-Province/Out-of-Canada Benefits

Your Emergency Out-of-Province/Out-of-Canada group insurance benefit provides around-the-clock coverage for emergencies which take place while you are travelling.

NOTE: Always carry your wallet travel insurance card and RWAM certificate with you while travelling, along with provincial/government health insurance cards for you and covered dependents & any applicable direct calling codes to Canada.

Emergency Travel

Your EHC Schedule of Benefits in this booklet will specify the maximum number of days per trip covered by your plan, commencing with the date of departure from your province of residence. If you are hospitalized as an inpatient on your final day of coverage, your insurance will be extended for up to 72 hours from the time you are discharged so that you are able to return to your province of residence.

Subject to the maximum benefit and co-insurance specified by your EHC Schedule of Benefits, eligible expenses for emergency services will be reimbursed based on usual, reasonable and customary charges in the area where they were received, less the amount payable by your provincial/government health insurance plan.

Benefits are paid only if medical services are required as a result of an emergency illness or injury, which occurs while you are vacationing or travelling. Travel must be for other than health reasons. Benefit reimbursement payments are issued in Canadian currency only, at the rate of exchange in effect on the date your claim is processed, regardless of the country where the emergency medical service may have been provided.

Before You Leave

The insurer is not able to guarantee assistance services in areas of political or civil unrest. If you have a pre-travel inquiry before leaving on your trip, you may call Travel Assist.

Travel Assist

If a travel emergency occurs, call Travel Assist **prior to seeking treatment** of the emergency, using the emergency Travel Assist phone numbers indicated on the back of your wallet card.

Please note that if your medical condition prevents you from calling in advance of emergency treatment, you should call Travel Assist as soon as medically possible. As an alternative, someone else may call on your behalf. (There are repercussions if Travel Assist is not contacted as soon as possible. See under the heading 'If you do not call within 48 hours'.)

When travelling outside of Canada or the United States, you will also require the direct calling codes for Canada from any country you are travelling in. Obtain the applicable calling codes from www.countrycode.org/canada or from your travel agent.

EXTENDED HEALTH CARE

When You Call

- Advise that you are a member of RWAM and quote your RWAM certificate number. Also, provide your provincial/government health insurance plan number.
- Explain the medical emergency and the help you need.
- A multilingual assistance specialist will provide you with direction to the best available medical facility or physician, for the provision of appropriate emergency care.
- The insurer will provide confirmation to the emergency service provider(s) (e.g. the hospital, clinic, or physician), that you do have Out-of-Province/Out-of-Country insurance benefits.
- The emergency service provider is able to bill the insurer directly (in most cases), for medical services covered by insurance.
- The insurer's medical team will monitor the progress of treatment, to ensure that the patient is receiving the best available medical care. Depending on the severity of the medical emergency, the insurer's medical team will also keep in constant communication with the patient's own regular physician, and the family.
- If an extended hospital stay is required, the insurer will arrange repatriation to the province of residence as soon as it is safely possible.

If you do not call within 48 hours

If you do not call Travel Assist within 48 hours of an emergency:

- failure to notify the insurer of the commencement of any emergency treatment or refusal to be repatriated within 48 hours, may result in benefits being limited to only those expenses incurred within 48 hours of treatment/incident (subject to the plan maximum),
- claims for reimbursement must be submitted to the insurer,
- proof of payment and services rendered must be provided for any services you paid 'out-of-pocket',
- all claims must be submitted within 12 months from the date of service.

Emergency Assistance Services

Services include:

- assistance available 24 hours per day, 7 days per week
- multilingual assistance
- assistance in locating the nearest, most appropriate medical care
- international preferred provider networks
- medical team (physician) consultative and advisory services, including a review of treatment for appropriateness to the medical condition being treated
- assistance in establishing contact with family, personal physician and employer as appropriate
- monitor progress during treatment and recovery
- emergency message transmittal services
- translation services to communicate in the language of the hospital(s) and attending physician(s)
- verification of insurance coverages, facilitating entry and admissions into hospitals and other medical care providers
- special assistance regarding the co-ordination of direct claims payment
- emergency funds transfers
- co-ordination of Embassy and Consulate services
- management, arrangement and co-ordination of emergency medical transportation and evacuation as necessary
- management, arrangement and co-ordination of repatriation of remains

EXTENDED HEALTH CARE

- special assistance in making arrangements for interrupted and disrupted travel plans resulting from emergency situations to include: the return of unaccompanied travel companions; travel to the bedside of a hospitalized person; rearrangement of ticketing due to accident or illness and other travel related emergencies; the return of stranded personal use motor vehicles
- assistance to obtain a legal advisor at your location
- co-ordination of securing bail bonds and other legal instruments
- special assistance in replacing lost or stolen travel documents including passports
- If the emergency service provider refuses to bill the insurer directly, the insurer will provide emergency pre-payment to the provider of eligible hospital and/or medical/surgical expenses where possible; or the immediate reimbursement of such eligible expenses, incurred by a covered person and which have resulted in financial hardship. Otherwise eligible expenses incurred will be reimbursed upon return from travel and submission of the claim with supporting documentation and all receipts.

Emergency Hospital Medical/Surgical Expenses

Benefits for a medical emergency incurred outside your province of residence or Canada include the following eligible medical/surgical expenses. Where pre-approval is required as indicated below, and where possible before seeking any treatment, call Travel Assist:

- Eligible hospital accommodation up to a standard ward rate in a public general hospital, and eligible medical/surgical services rendered for the emergency medical condition by a legally qualified physician or surgeon.
- Land ambulance to the nearest qualified medical facility.
- Air ambulance (including a medical attendant when necessary) to the nearest medical facility within a visiting province or state and to return to the province of residence regardless of whether the insured is in or outside of Canada, providing it is medically required and the covered patient cannot travel by any other means of transportation. *Pre-approval is required.*
- Services of a registered private nurse up to a maximum of \$5,000 at the usual and customary rate charged by a qualified nurse (RN) registered in the jurisdiction in which treatment is provided. *Pre-approval is required.*
- Except in emergency cases, *pre-approval is required* for diagnostic laboratory tests and x-rays when prescribed by the attending physician, including cardiac catheterization or angiogram, angioplasty and bypass surgery.
- Drugs, serums and injectables which require a prescription by law and are prescribed by an authorized medical practitioner (vitamins, patent and proprietary drugs are excluded).
- Medical appliances including casts, crutches, canes, slings, splints and/or the temporary rental of a wheelchair when deemed medically necessary and required due to an emergency, and when the devices are obtained outside your province of residence.
- Treatment of Dental Accidents: Up to \$2,000 per person for emergency dental treatment to repair natural, vital and sound teeth or permanently attached artificial teeth, provided the injury was caused by an external and accidental blow to the mouth or face. Consultation and treatment with a physician or dentist must occur immediately following the injury and prior to your return to your province of residence. Additional treatment, if required, must be completed within 90 days of the accident. An accident report is required from a physician or dentist for claims purposes. The Policy does not cover chewing accidents. *Pre-approval is required.*

EXTENDED HEALTH CARE

Emergency Travel Expenses

Benefits for a medical emergency incurred outside your province of residence or Canada include the following travel expenses eligible on a reimbursement basis:

- Cost of the covered person's economy airfare when pre-paid transportation home is missed, due to illness of the covered person or their travelling companion
- Cost of economy return airfare and expenses for a medical attendant (when a medical attendant is deemed necessary by the attending physician) to accompany the covered patient to their province of residence
- Cost of repatriation of mortal remains up to a maximum of \$7,500 (burial coffin/urn costs excluded)
- Cost of economy return airfare to bring a covered patient's spouse or close relative to the bedside, in the case of the covered patient's extended hospitalization (i.e. hospital confined outside their province of residence for at least 7 days), *and* costs incurred by the spouse or close relative for meals and accommodation up to a maximum of \$150 per day for no more than 5 days
- Cost of economy airfare to return unsupervised children under the age of 15 to their home when their only available supervising guardian on the trip is hospitalized
- Cost incurred to return the covered patient's vehicle, when the patient or family are unable to do so (Maximum \$1,000)
- Costs incurred by a covered patient's family travelling with them, in the case of the covered patient's detainment in hospital past their scheduled return date, for the family's meals and accommodation up to a maximum of \$150 per day for no more than 10 days

Emergency Travel Limitations & Exclusions

None of the service provider, insurer, employer or RWAM are responsible for the availability, quantity, quality, or results of any medical treatment received by a covered person; or for the failure of a covered person to receive medical services for any reason.

Emergency Travel Benefits are not payable for the following expenses:

- treatment or service required for ongoing care, rest cures, health spas, elective surgery, check-ups or travel for health purposes, even if the trip is on the recommendation of a physician,
- any trip booked, commenced or continued against the advice of a physician *or* after being diagnosed with a terminal illness,
- any medical condition that prior to departure, medical evidence suggests a reasonable expectation that treatment or hospitalization would be required while travelling,
- treatment not performed by or under the supervision of a physician or licensed dentist,
- treatment or service which you elect to have performed outside Canada when the medical condition would not prevent your return to Canada for such treatment,
- hospital and medical care for childbirth occurring within 8 weeks of the expected delivery date from the date of departure, or deliberate termination of pregnancy,
- treatment or service provided in a chronic care or psychiatric hospital, chronic unit of a general hospital, Long Term Care (LTC) Facility, health spa, or nursing home,
- services rendered from a chiropractor, chiropodist, podiatrist, or for osteopathic manipulation,
- cataract surgery or the purchase of eyeglasses or hearing aids, and
- vitamins, patent and proprietary drugs.

General Benefit Exclusions

The following general exclusions are applicable to all Benefit Provisions:

- charges for completion of claim forms,

EXTENDED HEALTH CARE

- costs prohibited by government law from being covered, except to the extent that the government may permit excess reimbursement,
- costs covered for the full amount by a provincial or other government health insurance plan,
- costs covered fully by the spouse's plan as the primary insurer,
- costs covered by any Worker's Compensation legislation,
- costs covered by a third party through litigation against the third party,
- cosmetic treatment,
- any expenses related to a change in gender,
- costs in excess of what the Insurer deems is a reasonable and customary cost,
- unreasonable or non-customary treatment of a medically diagnosed condition, as determined by the Insurer, treatment which is experimental in nature,
- expenses already covered/provided by an employer,
- expenses incurred for routine health examinations, broken appointments, third party examinations or screening, or examinations for fitness to travel,
- communication costs are not covered,
- medical expenses incurred as a result of intentionally self-inflicted injuries or suicide (while sane or insane),
- medical expenses incurred for injuries and/or illness as a result of a covered person's or covered dependent's reckless behavior while on a trip, including non-compliance with a prescribed treatment or medical therapy, or misuse of medication, or reckless disregard for their own health or safety when engaging in activities or treatment thereof, or accidents relating thereto,
- medical expenses incurred as a result of provoking an assault,
- medical expenses incurred as a direct or indirect result of insurrection or war (declared or not), participation in a riot or civil commotion, or participation in any act of terrorism,
- expenses incurred for dental treatment are excluded, other than due to a dental accident,
- expenses incurred while participating in professional sports (*Professional Sports* means any sporting activity, especially when competitive, for which a participant is compensated either by direct payment of money, or an indirect payment such as the provision of a scholarship where education costs are waived or supplemented for the duration of their scholarship period and participation in the specified sport for the college or university).

Benefits are subject to the following limitations:

- Failure to notify the insurer of the commencement of any emergency treatment or refusal to be repatriated within 48 hours, may result in benefits being limited to only those expenses incurred within 48 hours of treatment/incident (subject to the plan maximum).
- Eligible services must be required for the immediate relief of acute pain or suffering.
- Coverage becomes effective at the time you or your eligible dependent leave your province of residence and terminates upon re-entering your province of residence.
- Air ambulance services will only be eligible if pre-approved by the insurer and there is a medical need for you to be confined to a stretcher or for a medical attendant to accompany you. You must be admitted directly to a hospital in your province of residence, and medical reports or certificates from the dispatching and receiving physicians are to be submitted. Proof of payment including air ticket vouchers or air carrier invoices are required.

EXTENDED HEALTH CARE

Medical Referral Out-of-Province/Out-of-Canada Benefits

Subject to the maximum benefit and co-insurance specified by your EHC Schedule of Benefits, you or your eligible dependent may be eligible for expenses incurred for a medical referral for special treatment or health services outside your province of residence or Canada.

Pre-approval

Pre-approval must be obtained from the insurer & your provincial/government health insurance plan. (See limitations & exclusions)

To apply for the medical referral benefit, further details and the insurer's requirements can be obtained by contacting *Travel Assist* or RWAM's Health Claims Department.

Eligible Medical Referral Expenses

- hospital services and accommodation up to a standard ward rate in a public general hospital
- medical/surgical services rendered by a legally qualified physician or surgeon

Limitations & Exclusions

- Prior to the commencement of any referral treatment, you must receive written pre-authorization from **both** your provincial/government health insurance plan, and the insurer. Failure to comply in obtaining pre-authorization will result in non-payment. You must provide RWAM with a letter from your attending physician stating the reason for the referral, and a letter from your provincial/government health insurance plan outlining their liability.
- Medical treatment must be required and not readily available in your province of residence.
- No benefits are payable if your provincial/government health insurance plan already entirely covers your medical referral, or if they decline the referral request.

Survivor EHC Benefit

In the event of your death, each of your dependents who are insured under your benefit plan for EHC coverage on the date of your death will continue to be insured for EHC coverage, for the number of months indicated by your EHC Schedule of Benefits in this booklet, but not beyond:

- the date your dependent is no longer considered eligible, or is no longer considered to be a dependent, or
- the date your employer terminates this EHC coverage for its employees, or
- the date of termination of this EHC coverage as a result of termination of the benefit plan or policy.

Claiming Damages from a Third Party

If your claim for EHC benefits is for an injury or illness for which a Third Party is wholly or partially responsible, you have an obligation to take all steps necessary to recover for the insurer, compensation from the Third Party for the total amount of any benefits you received under the EHC plan.

You must inform the insurer of any claim for damages against a Third Party, and enter into a reimbursement agreement with the insurer to refund from any award of damages, the funds the insurer deems are representative of duplication of the total amount of benefits you have received under the EHC plan.

DENTAL DETAILS

The Dental Care Schedule of Benefits in this booklet summarizes the main dental care expenses covered by your plan for you and any eligible dependents, subject to the deductibles, co-insurance amounts, and benefit maximums. This section of your booklet provides details applicable to each benefit under your plan, such as limitations and exclusions, along with further information not specifically listed in your Dental Schedule.

Inquiries

RWAM's Dental Claims department is here to help you with any questions you may have. We can be reached by calling 519-669-1632 (local) or at 1-877-888-RWAM (7926).

Dental Deductible

Any 'Dental Deductible' specified in your Schedule of Benefits is the total amount of eligible expenses you must first personally pay in any calendar year, before you are able to claim reimbursement of eligible dental care expenses exceeding that amount.

Eligible dental care expenses incurred during the last 3 months of one calendar year and which remain under that year's Dental Deductible amount, can be carried over and applied to satisfying the following year's Dental Deductible amount.

Dental Fee Guide

This is a guide of standard dental fees in effect in your province of residence, listed in the Dental Association Fee Guide for General Practitioners. Your coverage is limited according to the 'Dental Fee Guide Year' specified by your Schedule of Benefits.

Co-Insurance & Benefit Maximum

Your Schedule of Benefits will display a 'Co-insurance' amount and 'Benefit Maximum per Person' amount beside each listed Dental Benefit. Any eligible expense claimed will be reimbursed to you at the co-insurance amount. The Co-insurance amount is displayed as a percentage of the eligible expense incurred. The amount of Co-insurance payable is subject to:

- any 'Dental Deductible' specified by your Schedule of Benefits,
- the applicable 'Dental Fee Guide' specified by your Schedule of Benefits,
- the Maximum Benefit specified by your Schedule of Benefits, and
- limits applicable to the specific expense, as outlined in the Dental 'Details' section of this booklet.

Co-ordination of Dental Benefits with Other Plans

If both you and your spouse (i.e. includes common-law spouse) are insured under a comparable dental plan, benefits payable will be co-ordinated so that the combined total will not exceed 100% of the actual eligible expenses incurred. Benefits are determined and co-ordinated using the following sequence:

Your personal claims and your spouse's claims:

- Claims for yourself should be sent to RWAM first (your plan is the primary insurer).
- Claims for your spouse go to your spouse's plan first (your spouse's plan is the primary insurer).
- Claims for any unpaid balance then go to the secondary insurer, with proof of what the primary insurer paid.

Your dependent children's claims:

- If your day & month of birth in the calendar year is before your spouse's, the claim goes to RWAM first.
- If your day & month of birth in the calendar year is after your spouse's, the claim goes to your spouse's plan first.
- Claims for any unpaid balance then go to the secondary insurer, with proof of what the first insurer paid.

If you are separated or divorced, the order of claims for dependent children go first to the plan of the parent who has custody, then any unpaid balance goes first to the plan of the spouse of the parent who has custody, followed by the plan of the parent who does not have custody, followed by the plan of the spouse of the parent who does not have custody. (If you need clarification of this order of claiming, for your own personal circumstances, feel free to call RWAM.)

Eligible Dental Expenses

Expenses are eligible if they are:

- covered by this Dental plan,
- usual and customary costs, according to the Dental Fee Guide and the criteria of dental practice in your province of residence,
- dental treatment recommended by a dentist and approved by the Canadian Dental Association,
- dental treatment performed by a dentist, a dental hygienist under the supervision of a dentist, or by a duly licensed denturist or denture therapist,
- incurred on a date while you and/or your dependent are actively insured for the benefit, and
- claimed and received at RWAM not more than 365 days after the date incurred (if you are no longer actively insured for the benefit, the deadline is not more than 90 days after the date the insurance ceased).

Dental treatment for yourself or an eligible dependent, which is rendered outside your province of residence, is reimbursed at the amount which would normally be payable in your own province of residence.

Pre-determination of Eligible Expenses

If the total cost of any proposed dental treatment plan is expected to exceed \$500, it is recommended you seek a pre-determination from RWAM of exactly which expenses are eligible, and the amount of benefit which may be payable. You should also seek a pre-determination if your plan covers crowns, bridges or dentures and you are claiming such an expense.

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Provide RWAM with a detailed treatment plan that outlines the type of treatment and estimated expenses. Requests for pre-determinations of crown, bridge or denture claims should include pre-treatment radiographs. This information will allow RWAM to advise you of the amount of benefit which may be payable, prior to your actual incurring of expenses.

It is to your advantage to seek a pre-determination and confirm expenses eligible for reimbursement under this plan, prior to incurring costs for any extensive or expensive dental treatment.

Alternative Treatment

Where there are two or more courses of dental treatment available to adequately correct a dental condition, this dental plan will provide reimbursement for the treatment which incurs the lowest cost consistent with good dental care, regardless of the final treatment choice.

NOTE: The choice of treatment is a matter for agreement solely between the patient and the dentist.

General Dental Limitations & Exclusions

In addition to other specific limitations and exclusions applicable to any Dental benefit in this booklet, the following general limitations and exclusions apply. Dental Care benefits are *not payable* for expenses:

- related to the completion of claim forms
- incurred for any services or treatment provided by a dentist, denturist, or dental hygienist who is related to the patient by birth, by legal or common-law marriage, or who lives in the same residence as the patient
- covered fully by your spouse's plan as the primary insurer (See 'Co-ordination of your Benefits with other Plans')
- covered by the full amount of your provincial or other government health/dental insurance plan
- covered by any Workers' Compensation legislation
- provided by your employer
- covered or payable by a third party
- in excess of what the insurer deems is a reasonable and customary cost
- incurred for dental treatment commencing after the date your dental coverage terminates (regardless of whether or not you received approval of a treatment plan's expenses under a Pre-determination while still insured prior to coverage termination)
- incurred for consultations or treatment planning
- incurred for nutritional counselling, oral hygiene and dental plaque control
- incurred for broken appointments, third party examinations or screening, travel, or communication costs
- incurred for the duplication of, or the interpretation of radiographs or x-rays
- incurred for cosmetic treatment such as bleaching
- incurred for unnecessary dental treatment, where the form and function of the teeth are satisfactory and no pathological condition exists to necessitate treatment
- incurred for the treatment of temporomandibular joint disorders
- incurred for procedures (including the permanent splinting of teeth), appliances or restorations used to increase vertical dimension, repair or restore teeth damaged or worn due to attrition or wear, or to restore occlusion
- incurred for the replacement of lost, mislaid or stolen dentures or appliances
- incurred for the replacement of congenitally missing teeth or supernumerary teeth

DENTAL CARE

- incurred for the cost of protective devices used primarily for participation in sports or recreation
- for treatment not currently approved by the Canadian Dental Association or clearly experimental in nature
- incurred as a result of intentionally self-inflicted injuries or attempted suicide
- incurred as a result of committing or attempting to commit a criminal offence
- incurred as a direct or indirect result of war (declared or not) military service, participation in a riot or civil commotion, or participation in any act of terrorism
- excluded under any general limitation for health insurance or prohibited by any government health plan
- for any dental treatment, services and supplies not included as eligible expenses under your dental plan
- incurred outside of Canada

Submitting Claims

Claims can be submitted to RWAM directly from your Dentist's office and/or by the Plan Member.

- **Dentist (EDI)** This convenient method is offered by most Dentists and is a service supported by RWAM. Present your Group, Division and Certificate numbers (found on your OneCard) at the dental office (you may be asked for our BIN number #610616).
- **Plan Member** You may be required to pay the full cost directly to the Dentist. You can then claim your dental expenses electronically (RWAM Mobile App or Plan Member website) or mail, scan and fax the completed Standard Dental Claim Form with paid receipts to RWAM. Please keep your original receipt(s) for one year.

Other instructions:

- The Insurer has the right to request any necessary materials to provide support of a claim, before a decision is made regarding eligible benefit payment. (For example, your Dentist may receive a request for your dental x-rays.)
- In either a pre-operative or a post-operative situation, the Insurer may request that a third party examine the medical evidence, at the Insurer's cost, before a decision is made regarding eligible benefit payment.
- If the claim has already been paid by the Primary Insurer, but you are claiming an unpaid balance of dental expense through RWAM under this plan, you must provide proof of the amount already paid by the other Insurer.
- If you are required to satisfy a Dental Deductible, save your receipts until the deductible amount is exceeded, and submit all receipts with your claim for expenses exceeding the Dental Deductible.
- It is your responsibility, at your own cost, to obtain and provide any necessary information required by the Insurer to process your Dental claim.

REMINDER: Details in this section are to be read in combination with your Dental Schedule of Benefits. Each benefit in this section is subject to any co-insurance and benefit maximums stipulated by your Dental Schedule. Along with details in this section, the Dental Schedule may also indicate other conditions to be met for a particular Dental benefit.

Basic and Preventative Treatment Benefits

Routine Dental Care Expenses

- routine recall, specific or emergency oral examinations (frequency per your Schedule of Benefits)
- bitewing x-rays (frequency per your Schedule of Benefits)
- light scaling and polishing and topical application of fluoride (frequency per your Schedule of Benefits)
- complete oral examinations (once per every 36 months)
- complete series of periapical films or panoramic film (once per every 36 months)
- initial amalgam and/or tooth-coloured restorations (fillings)
- replacement of amalgam and/or tooth-coloured restorations, provided an additional tooth surface is involved and at least 12 months have elapsed since the same tooth's last filling/restoration
- retentive pins
- prefabricated metal or plastic restorations
- initial provision and installation of simple space maintainers for missing primary teeth
- surgical removal of erupted teeth, impacted teeth and/or residual roots
- soft and hard tissue biopsies
- Expenses exclusively for dependent children age 17 and under:
 - pit and fissure sealants on teeth 4,5,6,7 and 8

Anaesthesia

Costs of general anaesthesia or conscious sedation, when surgical dental procedures are performed in relation to dental treatment covered by this plan. Any charges for facility fees or other related expenses are not covered.

Lab Fees

Reimbursement of a laboratory fee will be limited to the usual and customary charge for a service directly related to a dental expense covered under Basic & Preventative Treatment, up to a maximum of 65% of your applicable Dental Fee Guide as found in your Schedule of Benefits.

Endodontics, Periodontics, Oral Surgery Expenses

- treatment of disease of the pulp chamber and pulp canals
- treatment of the soft tissues (gums) and bone supporting the teeth

Limitations & Exclusions:

- periodontal scaling/root planing is limited to 8 units per calendar year
- root canal therapy will be limited to one standard treatment per tooth every 5 years
- for insurance purposes, the date of the final root canal treatment is considered to be the date the expense was incurred

Denture Repairs

- repair, rebasing and relining of dentures, provided the dentures are at least 6 months old
- re-cementation of bridgework

Ineligible Expenses

Expenses for bridges or dentures, crowns or orthodontics (except as specifically noted above under 'Denture Repairs') are *not* payable benefits under Basic and Preventative Treatment.

Major Restorative Treatment Benefits

Crowns

- the initial installation of a crown, if the crown is necessary to restore cuspal/incisal damage
- metal inlay/onlay restorations, if necessary to restore cuspal/incisal damage
- post and core placements in inlays and crowns
- replacement of an existing crown, if the crown is at least 5 years old

Bridgework

- construction and initial installation of a fixed bridge. If 3 or more teeth are missing in the arch, the insurer reserves the right to base the reimbursement benefit on the lowest cost course of alternate treatment required to adequately correct the condition, regardless of the treatment choice made.
- replacement of fixed bridgework, if the existing appliance is at least 5 years old and cannot be made serviceable
- repair of fixed bridgework

Dentures

- construction and installation of an initial permanent partial or complete denture
- denture adjustments (minor denture adjustments are limited to once every 6 months)
- replacement of an existing partial denture or complete denture with a permanent denture if:
 - the existing denture is at least 5 years old and cannot be made serviceable, or
 - the existing denture is temporary and being replaced by a permanent denture within 12 months of the date the temporary one was installed (cost of the temporary denture will be deducted from the cost of the permanent denture)

Implants

- construction and insertion of an implant (includes all the procedures related to the implant). If 3 or more teeth are missing in the arch, the insurer reserves the right to base the reimbursement benefit on the lowest cost course of alternate treatment required to adequately correct the condition, regardless of the treatment choice made.
- In the case where some type of appliance is replacing the missing tooth, the appliance must be at least 5 years old and cannot be made serviceable.

Lab Fees

Reimbursement of a laboratory fee will be limited to the usual and customary charge for a service directly related to a dental expense covered under Major Restorative Treatment, up to a maximum of 65% of your applicable Dental Fee Guide as found in your Schedule of Benefits.

Limitations & Exclusions

- for crowns, the date of instalment of a permanent crown is considered to be the date the expense was incurred, and the reimbursement benefit will not be paid until that date
- for dentures or bridgework, the date of instalment of the prosthetic device is considered to be the date the expense was incurred, and the reimbursement benefit will not be paid until that date
- oral rehabilitation, or the personalization or characterization of crowns, bridges, dentures or other prosthetics are excluded

DENTAL CARE

- cosmetic treatment, treatment to address attrition from wear, or installations as a preventative measure are excluded
- benefits for crowns or pontics posterior to the second bicuspid tooth, are restricted to the cost of metal crowns only
- precision or stress breaker attachments are excluded
- denture supplies, denture cleaning or polishing, or services for the equilibration of dentures are excluded

Survivor Dental Benefit

In the event of your death, each of your dependents who are insured under your benefit plan for Dental coverage on the date of your death will continue to be insured for Dental coverage, for the number of months indicated in your Dental Care Benefit Schedule of Benefits in this booklet, but not beyond:

- the date your dependent is no longer considered eligible, or is no longer considered to be a dependent, or
- the date your employer terminates this Dental coverage for its employees, or
- the date of termination of this Dental coverage as a result of termination of the benefit plan or policy.

PRIVACY STATEMENT

RESPECTING YOUR PRIVACY

At RWAM, protecting your privacy is a priority.

When you request or obtain any financial or insurance product or service from us, we need certain personal information. This information is used to evaluate insurance risk, to determine eligibility, to administer insurance or financial products, or to adjudicate or manage claims. We will not gather information indiscriminately.

We will only collect information necessary to effectively conduct our business and provide our products and services.

Whenever practical, your information will be collected directly from you. We also collect information about you through our authorized representatives or third party service providers. Other sources of information may include insurers or financial institutions, government and governmental agencies, your employer, or your plan administrator. We will in some cases ask an independent source to verify and supplement personal information. When health information is required, we may collect it directly from you, or with your prior consent, from sources such as your doctor, health care professional, or hospital.

We will collect, use and disclose personal information only with your consent, or as otherwise required or allowed by law. Your consent may be express or implied, as appropriate. If you decline to provide needed personal information or withdraw your consent, we will still do our best to provide you with products or services; however, certain information is essential in order to do so. We will endeavour to ensure you understand why we need the information and how it will be used.

We will limit the use and disclosure of your personal information within our organization and with our subsidiaries, affiliated companies, and your insurers. From time to time we may find it necessary to share some of your information with our authorized representatives or third party service providers in order to provide you with the product or services you need or have requested.

As part of our customer service relationship with you, we may use your personal information to offer products, information or services provided by our organization, subsidiaries, affiliated companies, insurers, or business partners, which we believe to be of value and interest to you. We will not give out or sell any personal information to third parties for marketing purposes. We will only use or disclose your personal information to the extent needed to perform our duties; to provide you with products, services or information related to your ongoing insurance and financial needs; or to fulfill our contractual obligations or applicable laws.

The length of time we retain personal information may vary depending on the product or service provided and the nature of the information. We retain personal information only for as long as required by the purposes for which it was collected, or as otherwise required or allowed by law.

We will keep your personal information as accurate, complete and up to date as necessary. You have a right to challenge the accuracy and completeness of the information we hold about you. If it is inaccurate or incomplete, we will make the necessary changes. If there is a disagreement or a discrepancy as to information accuracy, this will be noted on your file.

We have developed and continue to enhance security measures and procedures designed to protect your personal information from unwarranted intrusion, theft, accidental release, loss, or unauthorized disclosure, use, copying, or modification. When we destroy your personal information, we will use appropriate safeguards.

With satisfactory verification of your identity, we will provide you with the information you request. If your request is made through a third party, we will need satisfactory proof of your consent and authorization to release information to that party, and we will ensure their entitlement to such information.

There are certain legal exceptions to your right of access. If these apply, we will inform you of the reason for not providing access and any recourse you may have. Generally, we will provide access to medical information only through the appropriate health care professional.

A full copy of RWAM's Privacy brochure is available upon request. It is also on our website at www.rwam.com.

To find out how to access your file, or if you have any privacy questions or concerns, please contact us at:

Privacy Officer
RWAM Insurance Administrators Inc.
49 Industrial Drive, Elmira, Ontario N3B 3B1
Local: 519-669-1632 or at 1-877-888-7926 (RWAM)
Privacy.Officer@rwam.com

PROVIDERS

La Capitale Civil Service Insurer Inc.

La Capitale insures the following:

- Basic Life Insurance
- Extended Health Care

The Authentic T-Shirt Company ULC

Provides the following under its self-insured benefit plan:

- Dental Care

The Equitable Life Insurance Company of Canada

Equitable insures the following:

- Long Term Disability

Express Scripts Canada

'ESC' administers the drug card for the drug plan under Extended Health Care

AZGA Service Canada Inc. o/a Allianz Global Assistance

Under plan # 4747 Allianz Global Assistance provides the 'Travel Assist' services and administers the group Out-of-Province/Out-of-Canada coverage on behalf of Cumis General Insurance Company. Brochures are available at www.rwam.com

Humanacare Employee and Family Assistance Program

Humanacare provides an Employee and Family Assistance Program (EFAP).

EQ Care

EQ Care provides virtual health care services.

Chubb Life Insurance Company of Canada "Chubb Life"

Chubb Life insures the following:

- Accidental Death & Dismemberment

RWAM Insurance Administrators Inc.

RWAM is a third party administrator (TPA) of group insurance benefits and is a member in good standing of the Third Party Administrators Association of Canada. RWAM is authorized to administer the following on behalf of the above providers, governed by their policies or benefit plans, and according to their guidelines:

- Enrolments, beneficiary changes, coverage adjustments, group billings
- Various underwriting functions, including medical underwriting
- Adjudication, management and payment of EHC & Dental
- Other administrative functions as authorized by providers

Providers are as of the Data date indicated herein and are subject to change.



NOTES