

Dear Employee,

We are pleased to announce that we've partnered with EQ Care, a health care management company with more than 30 years of experience caring for Canadians, to bring you confidential access to Doctors and other health care professionals, using a new online medical service. The service is called EQ Care.

EQ Care will place you in a unique position to benefit from immediate, personal and professional medical support from your laptop, iPhone or Android device. From the moment you log in to EQ Care, enter your name and reason for the consult, you will have access to an EQ Care Manager, who will gather the information needed to connect you to the Doctor.

The Doctor can then address basic physical and mental health needs, obtain referrals to specialists, have prescriptions renewed and lab or other diagnostic tests ordered, as appropriate. You can access EQ Care without having to leave your office or home, avoiding travel and wait times that come with other care options.

Since this service is also available to your family members, it can be particularly helpful as it allows you or your spouse to consult with a Nurse or Doctor about your children's ailments. This option can help you or your spouse determine whether your child needs to be seen in-person at a clinic, or can go to day care or school.

EQ Care is dedicated to improving the health and wellness of Canadian families. They are here to ensure that you receive the care you need.

Please visit **rwam.eqcare.com** to learn more about the service and how EQ Care can help.

Thank you,

The HR Team