

Start your journey with EQ Care

1

Visit your portal at:

Group number:

Employee ID: Certificate number

or download the EQ Care app via the App store or Google Play

2

Create an account

Use the provided group number and your personal identification to create your account and add your family members if applicable.

3

Start your visit

Describe your symptoms & within minutes, one of our Care Managers will welcome you personally to EQ Care and connect you with our medical team. Choose on-demand service or by appointment at your earliest convenience.

How Can We Help?

- Eye infections
- Stress and Mental health
- Chronic disease management
- Prescription renewals
- Prescription home delivery service
- Coordinating and scheduling
- Lab requisitions
- Specialist appointments
- Dermatology
- Migraines and sinus infections
- Sexual health
- Medical testing

Get access to virtual care **24/7**, wherever you are!

EQ Care Coverage

Once you're signed up with EQ Care, you can access your care plans even if you don't have group health and / or dental benefits with your employer.

One-Stop Care

Access your personal and your family members' care plans after a visit, and update your details anytime, anywhere.

Around the Clock

Enjoy 24/7 access to our team of caring and compassionate health care professionals.



Access to Care

EQ Care doctors and specialists are accessible from any desktop or smart device



Complete Confidentiality

All health information is secured with bank grade encryption and all data is stored in Canada



Specialist Referrals

Connect with specialists in a variety of disciplines to address a wide range of health care needs



Peace of Mind

Discrete counselling, prescription management and referrals for diagnostic tests



Disease Management

Condition-specific care plans with a focus on symptom management



Mental Health Care

A range of disciplines including Psychiatry and other mental health specialties